



ST. PAUL'S EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297
cathedralchurchofstpaul.org

The Nineteenth Sunday after Pentecost: Proper 22 Choral Eucharist

Sunday, October 3, 2021

Ten o'clock in the morning

*Current CDC guidance advises everyone in Polk County
to wear a mask in indoor public places. Thank you for wearing your
facemask when inside at St. Paul's.*

Voluntary

The Word of God

Hymn 416

For the beauty of the earth

LUCERNA LAUDONIAE

(St. 1 - 4)

1 For the beau - ty of the earth, for the beau - ty of the skies,
 2 For the beau - ty of each hour of the day and of the night,
 3 For the joy of ear and eye, for the heart and mind's de - light,
 4 For the joy of hu-man love, bro-ther, sis - ter, par - ent, child,
 5 For the Church which ev - er - more lift - eth ho - ly hands a - bove,

1 for the love which from our birth o - ver and a - round us lies,
 2 hill and vale, and tree and flower, sun and moon, and stars of light,
 3 for the mys - tic har - mo - ny link - ing sense to sound and sight,
 4 friends on earth, and friends a - bove, for all gen - tle thoughts and mild,
 5 of - fering up on ev - ery shore thy pure sac - ri - fice of love,

Refrain

Christ our God, to thee we raise this our hymn of grate-ful praise.

6 For each perfect gift of thine
to the world so freely given,
faith and hope and love divine,
peace on earth and joy in heaven,

Refrain

Words: Folliot Sandford Pierpoint (1835-1917), alt.
Music: *Lucerna Laudantiae*, David Evans (1874-1948) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be God's kingdom, now and for ever.**
Amen.

Celebrant
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The Gloria

S236

1. Glo - ry to you, Lord
God of our fa - thers; you are wor - thy of praise;
glo - ry to you. 2. Glo - ry to you



— for the ra - di - ance of your ho - ly Name; — we will



praise you and high - ly ex - alt you for ev - er. —



3. Glo - ry to you — in the splen - dor of your



tem - ple; — on the throne of your ma - jes - ty, glo - ry to



you. — 4. Glo - ry to you, seat - ed bet -



ween the Cher - u - bim; — we will praise you and



high - ly ex - alt you for ev - er. —

Descant



5. Glo - ry to you, — be -



5. Glo - ry to you, — be - hold - ing the

hold-ing the depths; in the high vault of
 depths; in the high vault of hea-ven, glo-ry to
 hea-ven, 6. Glo-ry to you,
 you. 6. Glo-ry to you, Fa-ther,
 Fa-ther, Son, and Ho-ly Spi-rit; we will
 Son, and Ho-ly Spi-rit; we will praise you and
 high-ly ex-alt you Glo-ry to you!
 high-ly ex-alt you for ev-er.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

THE COLLECT OF THE DAY

Almighty and everlasting God, you are always more ready to hear than we to pray, and to give more than we either desire or deserve: Pour upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid, and giving us those good things for which we are not worthy to ask, except through the merits and mediation of Jesus Christ our Savior; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS, *the People sit*

A Reading from the Book of Job

[1: 1, 2: 1 – 10]

In the land of Uz there lived a man whose name was Job. This man was blameless and upright; he feared God and shunned evil. On another day the angels came to present themselves before the Lord, and Satan also came with them to present himself before him. And the Lord said to Satan, "Where have you come from?" Satan answered the Lord, "From roaming throughout the earth, going back and forth on it." Then the Lord said to Satan, "Have you considered my servant Job? There is no one on earth like him; he is blameless and upright, a man who fears God and shuns evil. And he still maintains his integrity, though you incited me against him to ruin him without any reason." "Skin for skin!" Satan replied. "A man will give all he has for his own life. But now stretch out your hand and strike his flesh and bones, and he will surely curse you to your face." The Lord said to Satan, "Very well, then, he is in your hands; but you must spare his life." So Satan went out from the presence of the Lord and afflicted Job with painful sores from the soles of his feet to the crown of his head.

Then Job took a piece of broken pottery and scraped himself with it as he sat among the ashes. His wife said to him, "Are you still maintaining your integrity? Curse God and die!" He replied, "You are talking like a foolish woman. Shall we accept good from God, and not trouble?" In all this, Job did not sin in what he said.

Leader The Word of the Lord.

People Thanks be to God.

The Cantor sings the refrain initially and the People join when invited

Refrain

Mode 4

Your love, O Lord, is before my eyes.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

- 1 Give judgment for me, O Lord,
for I have lived with integrity; *
I have trusted in the Lord and have not faltered.
- 2 Test me, O Lord, and try me; *
examine my heart and my mind.
- 3 For your love is before my eyes; *
I have walked faithfully with you.
- 4 I have not sat with the worthless, *
nor do I consort with the deceitful.
- 5 I have hated the company of evildoers; *
I will not sit down with the wicked.
- 6 I will wash my hands in innocence, O Lord, *
that I may go in procession round your altar,
- 7 Singing aloud a song of thanksgiving *
and recounting all your wonderful deeds.
- 8 Lord, I love the house in which you dwell *
and the place where your glory abides.
- 9 Do not sweep me away with sinners, *
nor my life with those who thirst for blood,
- 10 Whose hands are full of evil plots, *
and their right hand full of bribes.
- 11 As for me, I will live with integrity; *
redeem me, O Lord, and have pity on me.
- 12 My foot stands on level ground; *
in the full assembly I will bless the Lord.

A Reading from the Letter to the Hebrews

[1: 1 – 4, 2: 5 – 12]

Long ago God spoke to our ancestors in many and various ways by the prophets, but in these last days he has spoken to us by a Son, whom he appointed heir of all things, through whom he also created the worlds. He is the reflection of God's glory and the exact imprint of God's very being, and he sustains all things by his powerful word. When he had made purification for sins, he sat down at the right hand of the Majesty on high, having become as much superior to angels as the name he has inherited is more excellent than theirs. Now God did not subject the coming world, about which we are speaking, to angels. But someone has testified somewhere, "What are human beings that you are mindful of them, or mortals, that you care for them? You have made them for a little while lower than the angels; you have crowned them with glory and honor, subjecting all things under their feet." Now in subjecting all things to them, God left nothing outside their control. As it is, we do not yet see everything in subjection to them, but we do see Jesus, who for a little while was made lower than the angels, now crowned with glory and honor because of the suffering of death, so that by the grace of God he might taste death for everyone. It was fitting that God, for whom and through whom all things exist, in bringing many children to glory, should make the pioneer of their salvation perfect through sufferings. For the one who sanctifies and those who are sanctified all have one Father. For this reason Jesus is not ashamed to call them brothers and sisters, saying, "I will proclaim your name to my brothers and sisters, in the midst of the congregation I will praise you."

Leader The Word of the Lord.

People Thanks be to God.

Hymn 480*When Jesus left his Father's throne*

KINGSFOLD

(St. 1 & 2)

1 When Je - sus left his Fa - ther's throne, he chose an hum - ble birth;
 2 Sweet were his words and kind his look, when mo - thers round him pressed;
 3 When Je - sus in - to Zi - on rode, the chil - dren sang a - round;



like us, un - hon - ored and un - known, he came to dwell on earth.
 their in - fants in his arms he took, and on his bos - om blessed.
 for joy they plucked the palms and strowed their gar - ments on the ground.



Like him may we be found be - low, in wis - dom's path of peace;
 Safe from the world's al - lur - ing harms, be - neath his watch - ful eye,
 Ho - san - na our glad voic - es raise, ho - san - na to our King!



like him in grace and know - ledge grow as years and strength in - crease.
 thus in the cir - cle of his arms may we for ev - er lie.
 Should we for - get our Sa - vior's praise, the ston - es them - selves would sing.

Words: James Montgomery (1771-1854) Music: *Kingsfold*, English folk melody; adapt. and harm. Ralph Vaughan Williams (1872-1958) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

The Holy Gospel

[Mark 10: 2 – 16]

All Stand

Deacon The Holy Gospel of our Lord Jesus Christ according to
 Mark.

People Glory to you, Lord Christ.

Some Phar'isees came, and to test him they asked, "Is it lawful for a man to divorce his wife?" He answered them, "What did Moses command you?" They said, "Moses allowed a man to write a certificate of dismissal and to divorce her." But Jesus said to them, "Because of your hardness of heart he wrote this commandment for you. But from the beginning of creation, 'God made them male and female. For this reason a man shall leave his father and mother and be joined to his wife, and the two shall

become one flesh.' So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate." Then in the house the disciples asked him again about this matter. He said to them, "Whoever divorces his wife and marries another commits adultery against her; and if she divorces her husband and marries another, she commits adultery." People were bringing little children to him in order that he might touch them; and the disciples spoke sternly to them. But when Jesus saw this, he was indignant and said to them, "Let the little children come to me; do not stop them; for it is to such as these that the kingdom of God belongs. Truly I tell you, whoever does not receive the kingdom of God as a little child will never enter it." And he took them up in his arms, laid his hands on them, and blessed them.

Deacon The Gospel of the Lord.

People Praise to you, Lord Christ.

THE HOMILY

The Rev. Jean McCarthy

After the Homily, a period of silent reflection is kept.

THE NICENE CREED, *standing*

BCP p. 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE FORM I

BCP p. 383

All stand or kneel for prayer.

Deacon or other leader

With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

For the peace from above, for the loving kindness of God, and for the salvation of our souls, let us pray to the Lord.

Lord, have mercy.

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For Michael, our Presiding Bishop; Alan, our bishop; Betsey, our bishop-elect, and for all clergy and people, let us pray to the Lord.

Lord, have mercy.

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

Lord, have mercy.

For seasonable weather, and for an abundance of the fruits of the earth, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

Lord, have mercy.

In our diocese, companion dioceses, and the Anglican Communion we pray for the clergy and people of St. Peter, Bettendorf; St. Alban, Davenport; St. Mark, Maquoketa; St. Andrew, Brechin; Rangu Parish, Nzara; Mankayane Parish, Swaziland; and The Church in Wales; let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

In the communion of St. Paul and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

Silence

The Celebrant adds a concluding Collect.

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

THE CONFESSION AND ABSOLUTION

BCP p. 360

Deacon: Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.**

ANNOUNCEMENTS

On-line Giving Options: Visit cathedralchurchofstpaul.org and click "Donate Now" or you can scan now. *Thank you!*



The Holy Communion

Offertory Anthem

Sing Ye Faithful

Robert Lau

THE GREAT THANKSGIVING

Eucharistic Prayer B

BCP p. 367

Celebrant: The Lord be with you.

People: **And also with you**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give him thanks and praise.**

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Sanctus

S124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The people stand or kneel. Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People:

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Paul and with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author

of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.
AMEN.

And now, as our Savior Christ has taught us, we are bold to say,
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People; Therefore let us keep the feast. **Alleluia.**

Fraction Anthem

S161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Celebrant: The gifts of God for the People of God.

All baptized persons are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place. In either case you are welcome to receive a blessing, indicated by crossing your arms over your chest.

Hymn 576

Here in Christ we gather

MANDATUM

Descant (after stanzas 2 and 3)

God is love, God is love,

Refrain

God is love, and where true love is

1-3

Final Ending

God him - self is there. there. _____

God him - self is there. there. _____

1 Here in Christ we gath - er, love of Christ our call - ing.
 2 When we Chris - tians gath - er, mem - bers of one Bo - dy,
 3 Grant us love's ful - fill - ment, joy with all the bless - ed,

Christ, our love, is with us, glad - ness be his greet - ing.
 let there be in us no dis - cord but one spi - rit.
 when we see your face, O Sa - vior, in its glo - ry.

Let us fear and love him, ho - ly God e - ter - nal.
 Ban - ished now be an - ger, strife and ev - ery quar - rel.
 Shine on us, O pur - est Light of all cre - a - tion,

Lov - ing him, let each love Christ in one an - oth - er.
 Christ, our God, be al - ways pres - ent here a - mong us.
 be our bliss while end - less a - ges sing your prais - es.

Repeat Refrain

Words: Latin; tr. James Quinn (b. 1919), alt., Copyright ©1969, James Quinn, SJ, printed by permission of Geoffrey Chapman, a division of Cassell Ltd.
 Music: *Mandatum*, Richard Proulx (b. 1937) Copyright ©1985, G.I.A. Publications, Inc. All rights reserved. Used with permission.

After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

BCP p. 365

After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Bishop when present, or the Priest, may bless the people

The wisdom of God, the Love of God, and the Grace of God strengthen you to be Christ's hands and heart in this world; in the name of the Holy Trinity. Amen.

Hymn 334

Praise the Lord, rise up rejoicing

ALLES IST AN
GOTTES SEGEN

1 Praise the Lord, rise up re - joic - ing, wor - ship, thanks, de -
2 Scat - tered flock, one shep - herd shar - ing, lost and lone - ly,
3 Sins for - giv - en, wrongs for - giv - ing, we go forth a -

vo - tion voic - ing; glo - ry be to God on high!
one voice hear - ing, ears at - ten - tive to your word;
lert and liv - ing in your Spi - rit, strong and free.

Christ, your cross and pas - sion shar - ing, by this Eu - cha -
 by your Blood new life re - ceiv - ing, in your Bo - dy,
 Part - ners in your new cre - a - tion, seek - ing peace in

 rist de - clar - ing yours the fi - nal vic - to - ry.
 firm be - liev - ing, we are yours, and you the Lord.
 ev - ery na - tion, may we faith - ful fol - lowers be.

Words: Howard Charles Adie Gaunt (b. 1902), alt. Copyright © by permission of H.C.A. Gaunt. All rights reserved. Used with permission. Music: *Alles ist an Gottes Segen*, melody att. Johann Balthasar König (1691-1758), alt.; harm. Johann Löhner (1645-1705), after chorale ver. Johann Sebastian Bach (1685-1750)

DISMISSAL

The Deacon dismisses the people.

People Thanks be to God.

Organ Voluntary

Announcements for October 3, 2021

Today at St. Paul's

*Today's altar flowers are given by Jo Sloan
in loving memory of Chet Sloan*

- Today at 4:00 pm organ concert, Mark Babcock, Cathedral Organist

St. Paul's Sr. Men's Study Group meets Wednesdays at 10:00 am, in the Guild Hall. For more information, please contact John McKinney j123mck@aol.com or the cathedral Office administrator@cathedralchurchofstpaul.org

St Paul's offers Wednesday Eucharist at 12:05 pm every week in the Chapel.

Please join us next Sunday (10/10) for our Litany of Blessing following both services. Please gather at the side altar in the sanctuary for an extended blessing that includes opportunity for healing prayer.

St. Paul's Cathedral Arts

Sunday, October 17 at 4:00 pm, Choral Evensong sung by the Cathedral Choir

Episcopal Migration Ministries (EMM)

Please consider donating to Neighbors Welcome: Afghan Allies Fund

Make a donation online (<https://episcopalmigrationministries.org/donate-afghan-allies/>). You can also donate by mail and send checks to:

DFMS-Protestant Episcopal Church US

P.O. Box 958983

St. Louis, MO 63195-8983

(Include Episcopal Migration Ministries and Afghan allies in the memo line.)

**Please help people affected by the deadly earthquake in Haiti through this link to
Episcopal Relief and Development:**

https://support.episcopalrelief.org/haiti-relief?ID=210816DWMD50100&utm_medium=web&utm_campaign=fy21haitiearthquake&utm_source=210816DWMD50100

St. Paul's audio system includes the T-coil Hearing Loop. If you have questions or need assistance, please speak with one of our Audio Coordinators.



St. Paul's Children's Formation!

We are excited to offer a hybrid formation program in Fall 2021, with in-home devotions (with crafts and coloring pages!) for your family and small group gatherings. Look out for packages arriving for your children in the mail, and save the following Saturday mornings (more details to come).

- October 9, Des Moines Farmer's Market visit
- November 13, Singalong at church
- December 11, Carol singing at church

All activities will begin at 10:00 am.

Note: all participants in in-person activities are required to wear a facemask when indoors, and follow social distancing guidelines.

Visitors

If you are visiting today, we extend to you a warm welcome! Please make yourself known to a greeter, usher, or one of the clergy. You may sit, kneel or stand throughout the service, following the guidance in this bulletin or as you prefer. The Episcopal church offers communion in two kinds, both consecrated bread and wine. While the coronavirus pandemic continues, bread alone is offered. We are so glad you are with us today.

169th Annual Convention of the Episcopal Diocese of Iowa

October 29 – 31, 2021. Convention Eucharist services at St. Paul's on Friday, October 29 at 7:00 pm and Sunday, October 31 at 10:00 am.



Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.