

**ST. PAUL'S**  
**EPISCOPAL CATHEDRAL**

**The Tenth Sunday after Pentecost: Proper 15**

August 14, 2022

Choral Eucharist  
Ten o'clock in the morning

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297  
[cathedralchurchofstpaul.org](http://cathedralchurchofstpaul.org)

Organ Voluntary

The Word of God

Hymn 376

*Joyful, joyful, we adore thee*

HYMN TO JOY

1 Joy - ful, joy - ful, we a - dore thee, God of glo - ry, Lord of love;  
 2 All thy works with joy sur-round thee, earth and heaven re - flect thy rays,  
 3 Thou art giv - ing and for - giv - ing, ev - er bless - ing, ev - er blest,

hearts un - fold like flowers be - fore thee, prais - ing thee, their sun a - bove.  
 stars and an - gels sing a - round thee, cen - ter of un - bro - ken praise.  
 well - spring of the joy of liv - ing, o - cean - depth of hap - py rest!

Melt the clouds of sin and sad - ness; drive the dark of doubt a - way;  
 Field and for - est, vale and moun - tain, bloom - ing mea - dow, flash - ing sea,  
 Thou our Fa - ther, Christ our Bro - ther: all who live in love are thine;

giv - er of im - mor - tal glad-ness, fill us with the light of day.  
 chant - ing bird and flow-ing foun-tain, call us to re - joice in thee.  
 teach— us how to love each o - ther, lift us to the joy di-vine.

*Celebrant* Blessed be God: ✠ Father, Son, and Holy Spirit.  
**People** And blessed be God's kingdom, now and for ever. Amen.

*Celebrant*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**The Gloria**

S280

1. Glo - ry to God in the high - est, and  
 peace to his peo - ple on earth. 2. Lord God, heaven - ly  
 King, al - might - y God and Fa - ther, we wor - ship you, we  
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
 Christ, on - ly Son of the Fa-ther, Lord God, Lamb of God, 4. you

take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most  
High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
glo - ry of God the Fa - ther. A - men.

**THE COLLECT OF THE DAY**

*Celebrant* The Lord be with you.

**People** **And also with you.**

*Celebrant* Let us pray.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

**THE LESSONS, *the People sit***

**A Reading from the Book of Isaiah**

[5: 1 – 7]

Let me sing for my beloved my love-song concerning his vineyard: My beloved had a vineyard on a very fertile hill. He dug it and cleared it of stones, and planted it with choice vines; he built a watchtower in the midst of it, and hewed out a wine vat in it; he expected it to yield grapes, but it yielded wild grapes. And now, inhabitants of Jerusalem and people of Judah, judge between me and my vineyard. What more was there to do for my vineyard that I have not done in it? When I expected it to yield grapes, why did it yield wild grapes? And now I will tell you what I will do to my vineyard. I will remove its hedge, and it shall be devoured; I will break down its wall, and it shall be trampled down. I will make it a waste; it shall not be pruned or hoed, and it shall be overgrown with briars and thorns; I will also command the clouds that they rain no rain upon it. For the vineyard of the LORD of hosts is the house of Israel, and the people of Judah are his pleasant planting; he expected justice, but saw bloodshed; righteousness, but heard a cry!

**Leader** The Word of the Lord.

**People** Thanks be to God.

**Psalm 80:** 1 – 2, 8 – 18

*Qui regis Israel*

BCP page 702

*The Cantor sings the refrain initially and the People join when invited*

Mode 8

**Refrain**

The vine - yard of the Lord of hosts is the house of Is - ra - el.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

- 1 Hear, O Shepherd of Israel, leading Joseph like a flock; \*  
shine forth, you that are enthroned upon the cherubim.
- 2 In the presence of Ephraim, Benjamin, and Manasseh, \*  
stir up your strength and come to help us.
- 8 You have brought a vine out of Egypt; \*  
you cast out the nations and planted it.
- 9 You prepared the ground for it; \*  
it took root and filled the land.

- 10 The mountains were covered by its shadow \*  
and the towering cedar trees by its boughs.
- 11 You stretched out its tendrils to the Sea \*  
and its branches to the River.
- 12 Why have you broken down its wall, \*  
so that all who pass by pluck off its grapes?
- 13 The wild boar of the forest has ravaged it, \*  
and the beasts of the field have grazed upon it.
- 14 Turn now, O God of hosts, look down from heaven;  
behold and tend this vine; \*  
preserve what your right hand has planted.
- 15 They burn it with fire like rubbish; \*  
at the rebuke of your countenance let them perish.
- 16 Let your hand be upon the man of your right hand, \*  
and son of man you have made so strong for yourself.
- 17 And so will we never turn away from you; \*  
give us life, that we may call upon your Name.
- 18 Restore us, O Lord God of hosts; \*  
show the light of your countenance, and we shall be saved.

### **A Reading from the Letter to the Hebrews**

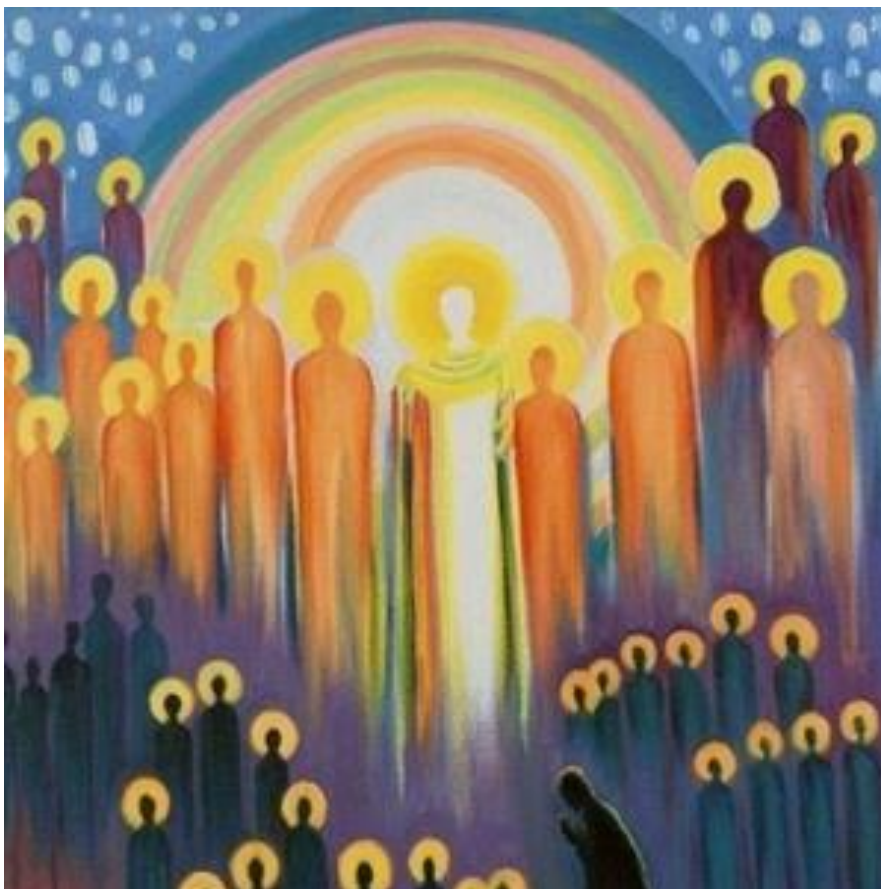
[11: 29 – 12: 2]

By faith the people passed through the Red Sea as if it were dry land, but when the Egyptians attempted to do so they were drowned. By faith the walls of Jericho fell after they had been encircled for seven days. By faith Ra'hab the prostitute did not perish with those who were disobedient, because she had received the spies in peace. And what more should I say? For time would fail me to tell of Gideon, Bar'ak, Samson, Jeph'tah, of David and Samuel and the prophets—who through faith conquered kingdoms, administered justice, obtained promises, shut the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Others were tortured, refusing to accept release, in order to obtain a better resurrection. Others suffered mocking and flogging, and even chains and imprisonment. They were stoned to death, they were sawn in two, they were killed by the sword; they went about in skins of sheep and goats, destitute, persecuted, tormented—of whom the world was not worthy. They wandered in deserts and mountains, and in caves and holes in the ground. Yet all these, though they were commended for their faith, did not receive what was promised, since God had provided something better so that they would not, apart from us, be made perfect. Therefore, since we are

surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

*Leader* The Word of the Lord.

**People** Thanks be to God.



*“... a great cloud of witnesses ...”*

Hymn 635

If thou but trust in God WER NUR DEN LIEBEN GOTT

*Unison or harmony*

1 If thou but trust in God to guide thee, and hope in him through  
 2 Sing, pray, and keep his ways un - swerv - ing; so do thine own part

all thy ways, he'll give thee strength what - e'er be - tide thee,  
 faith - ful - ly, and trust his word, though un - de - serv - ing;

and bear thee through the e - vil days. Who trusts in God's un -  
 thou yet shalt find it true for thee; God nev - er yet for -

chang - ing love builds on a rock that nought can move.  
 sook in need the soul that trust - ed him in - deed.



## The Holy Gospel

[Luke 12: 49 – 56]

*All Stand*

Deacon The Holy Gospel of our Lord Jesus Christ according to Luke.

**People Glory to you, Lord Christ.**

Jesus said, "I came to bring fire to the earth, and how I wish it were already kindled! I have a baptism with which to be baptized, and what stress I am under until it is completed! Do you think that I have come to bring peace to the earth? No, I tell you, but rather division! From now on five in one household will be divided, three against two and two against three; they will be divided: father against son and son against father, mother against daughter and daughter against mother, mother-in-law against her daughter-in-law and daughter-in-law against mother-in-law." He also said to the crowds, "When you see a cloud rising in the west, you immediately say, 'It is going to rain'; and so it happens. And when you see the south wind blowing, you say, 'There will be scorching heat'; and it happens. You hypocrites! You know how to interpret the appearance of earth and sky, but why do you not know how to interpret the present time?"

Deacon The Gospel of the Lord.

**People Praise to you, Lord Christ.**

## THE HOMILY

The Rev. Jean Davis

*After the Homily, a period of silent reflection is kept.*

## THE NICENE CREED, *standing*

BCP p. 358

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**PRAYERS OF THE PEOPLE**

*All stand or kneel for prayer.*

*Deacon*

Surrounded by so great a cloud of witnesses, and guided by the perfecter of our faith, let us bring our prayers before God, saying, "Behold your children, *and restore us, O God of hosts.*

Intercessor We pray for Michael, our Presiding Bishop; Betsey, our bishop; St. Paul's clergy and staff; and all lay and ordained ministers. In our diocese, companion dioceses, and the Anglican Communion we pray for St Paul, Marshalltown; All Souls, Invergowrie, Brechin; Dingapa Parish, Nzara; Anglican Youth Council, Swaziland; and The Extra-Provincial Churches. Inspire in your Church the faithfulness of the saints. Following in their footsteps, may we lay aside every weight and the sin that clings so closely, and run with perseverance the race that is set before us.

*Silence*

Behold your children,

**And restore us, O God of hosts.**

Intercessor Almighty Judge, you rule the earth with your justice and mercy. Save the weak and the orphan; defend the humble and the needy; rescue the weak and the poor; forgive us when we fail to be merciful.

*Silence*

Behold your children,

**And restore us, O God of hosts.**

Intercessor By your Word, O God, you created the heavens and the earth. By your generosity you continue to cause growth. In your faithfulness you clothe, protect, and sustain your children. We honor you for your creativity and your provision.

*The congregation is invited to add their prayers of thanks giving, followed by silence.*

Behold your children,  
**And restore us, O God of hosts.**

Intercessor Bless all those who have taught us to live faithfully. May our lives also witness to your Son Jesus, the pioneer and perfecter of our faith.

*Silence*

Behold your children,  
**And restore us, O God of hosts.**

Intercessor We pray for all who suffer and struggle. May they take comfort in knowing that you are not a God who is far off but you are very near us, even filling heaven and earth.

*The congregation is invited to add their petitions, followed by silence.*

Behold your children,  
**And restore us, O God of hosts.**

Intercessor We praise you for all the saints, both famous and obscure, who surround us with their prayers, their encouragement, and their strength. Make us ever mindful of the great company that makes with us our earthly pilgrimage.

*Silence*

Behold your children,  
**And restore us, O God of hosts.**

*The Celebrant adds a concluding Collect.*

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

## THE CONFESSION AND ABSOLUTION

BCP p. 360

*Deacon:* Let us confess our sins against God and our neighbor.

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.**

*The Priest stands and says*

Almighty God have ☩ mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## THE PEACE

*Celebrant*      The peace of the Lord be always with you.

**People**          **And also with you.**

## WELCOME AND ANNOUNCEMENTS

We offer safe and secure online giving on our website by using the QR (“Quick Response”) Code on the right.

**For on-line Giving Options:** Visit [cathedralchurchofstpaul.org](http://cathedralchurchofstpaul.org) and click “Donate Now.”

You may also put your offering in the offering plate, located near the entrance of the nave.



# The Holy Communion

Offertory Anthem

*Cantate Domino*

Giuseppe Pitoni

## THE GREAT THANKSGIVING

### Eucharistic Prayer B

BCP p. 367

*Celebrant* The Lord be with you.

**People** **And also with you**

*Celebrant* Lift up your hearts.

**People** **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

**People** **It is right to give God thanks and praise.**

*The Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*The Celebrant adds the Proper Preface*

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

### Sanctus

Hymnal S124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

*The people stand or kneel. Then the Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

*Celebrant and People*

**We remember his death,**

**We proclaim his resurrection,**

**We await his coming in glory;**

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us ✠ to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Paul and with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,  
**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### The Breaking of the Bread

*The Celebrant breaks the consecrated Bread*

*Celebrant:* Alleluia. Christ our Passover is sacrificed for us.

**People;** Therefore let us keep the feast. Alleluia.

### Fraction Anthem

Hymnal S161

Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

*Celebrant:* The gifts of God for the People of God.

*All baptized persons are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place. In either case you are welcome to receive a blessing, indicated by crossing your arms over your chest.*

Hymn 321

My God, thy table now is spread

ROCKINGHAM

1 My God, thy ta - ble now is spread, thy cup with  
 2 O let thy ta - ble hon - ored be, and fur - nished  
 3 Drawn by thy quick-ening grace, O Lord, in coun - tless  
 4 Nor let thy spread - ing Gos - pel rest till through the

love doth o - ver - flow; be all thy chil - dren  
 well with joy - ful guests; and may each soul sal -  
 num - bers let them come and gath - er from their  
 world thy truth has run, till with this Bread shall

thith - er led, and let them thy sweet mer - cies know.  
 va - tion see, that here its sa - cred pledg - es tastes.  
 Fa - ther's board the Bread that lives be - yond the tomb.  
 all be blessed who see the light or feel the sun.

*After the people receive Communion a period of silent reflection is kept*



**POST COMMUNION PRAYER**

BCP p. 365

*After Communion, the Celebrant says*

Let us pray.

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

*The Bishop when present, or the Priest, may bless the people*

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the ☩ Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**



“Sword of the Spirit”

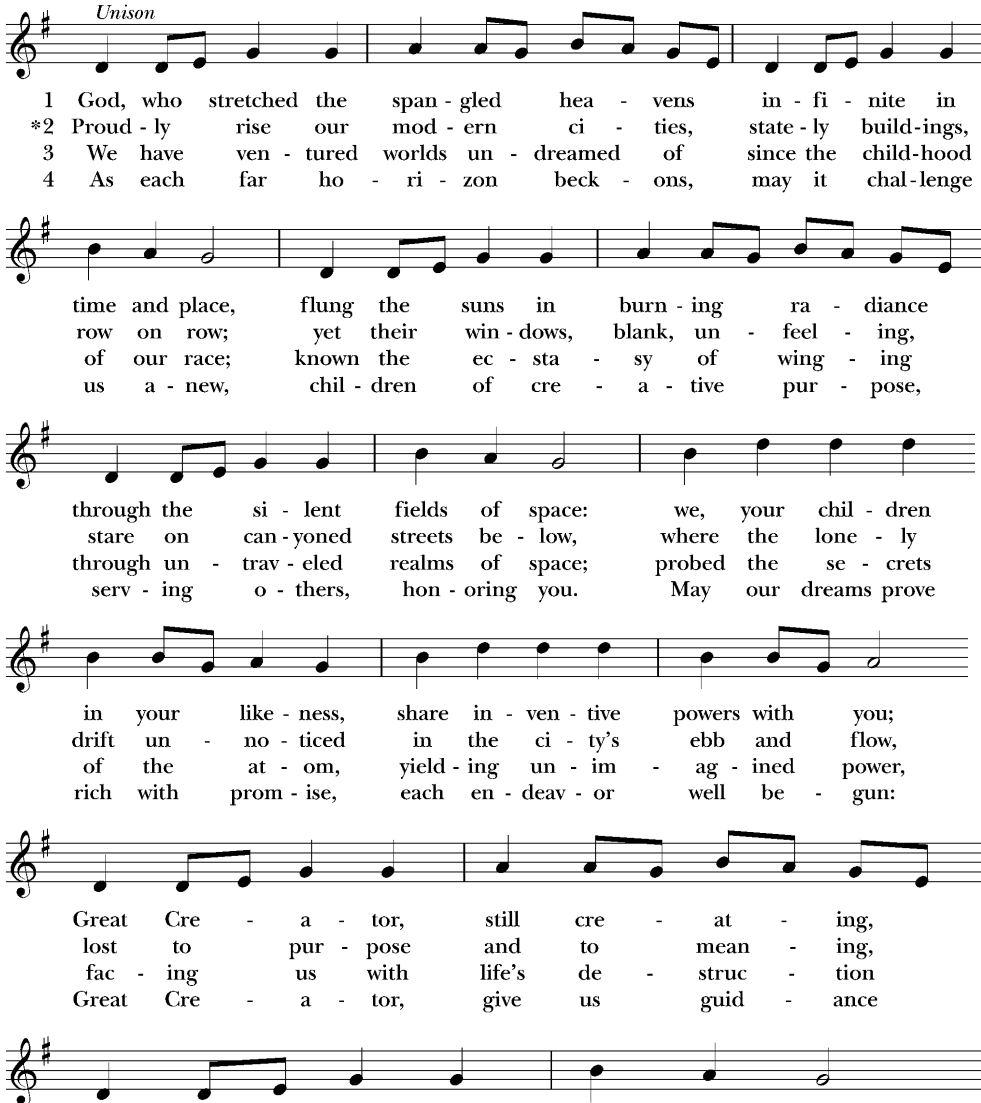
Roundel detail from the St. Paul window, given in memory of James Harvey Windsor, Jr.

## Hymn 580

## God, who stretched the spangled heavens

## HOLY MANNA

*Unison*



1 God, who stretched the span - gled hea - vens in - fi - nite in  
 \*2 Proud - ly rise our mod - ern ci - ties, state - ly build - ings,  
 3 We have ven - tured worlds un - dreamed of since the child - hood  
 4 As each far ho - ri - zon beck - ons, may it chal - lenge

time and place, flung the suns in burn - ing ra - diance  
 row on row; yet their win - dows, blank, un - feel - ing,  
 of our race; known the ec - sta - sy of wing - ing  
 us a - new, chil - dren of cre - a - tive pur - pose,

through the si - lent fields of space: we, your chil - dren  
 stare on can - yoned streets be - low, where the lone - ly  
 through un - trav - eled realms of space; probed the se - crets  
 serv - ing o - thers, hon - oring you. May our dreams prove

in your like - ness, share in - ven - tive powers with you;  
 drift un - no - ticed in the ci - ty's ebb and flow,  
 of the at - om, yield - ing un - im - ag - ined power,  
 rich with prom - ise, each en - deav - or well be - gun:

Great Cre - a - tor, still cre - at - ing,  
 lost to pur - pose and to mean - ing,  
 fac - ing us with life's de - struc - tion  
 Great Cre - a - tor, give us guid - ance

show us what we yet may do.  
 scarce - ly car - ing where they go.  
 or our most tri - um - phant hour.  
 till our goals and yours are one.

**DISMISSAL**

*The Deacon dismisses the people.*

**People                      Thanks be to God.**

**Organ Voluntary**

**Announcements for August 14, 2022**

*Today's altar flowers are given by are given by Zoë Rawson  
in loving memory of Thomas Rawson and Tim Rawson*

**Today at St. Paul's**

- We welcome Ben Hoskins, today's guest organist and carillonneur.
- Litany of Blessing follows both services today. Please gather at the side altar in the sanctuary for an extended blessing that includes opportunity for healing prayer.
- Tickets available for Iowa Cubs' Game today at 1:08 p.m.  
Join us August 14 at 1:08 PM for St. Paul's Outing to Iowa Cubs -- We will be seated in Section 9 Behind Home Plate -- Tickets: \$8.00.

**High Street Chapel Closed the week of August 15**

Due to the repainting of the High Street Chapel, there is no Noon Eucharist on Wednesday, August 17. Wednesday Noon Eucharist will resume on August 24.

**Jo Wetherell Memorial Service**

A memorial service for Jo Wetherell will be held at St. Paul's on Saturday, August 20, at 1:00 pm.

**Our Blessing Box Needs to be Restocked!**

The following items are needed for the Blessing Box as the Box has seen a lot of activity of late:

Jars of Peanut Butter	Canned Fruit
Canned Vegetables	Canned dinners
Canned Tuna	Boxes of Pasta
Paper Products	

Please place all donated items on the bench by the north entrance. All donations will then be stocked. Thank you!

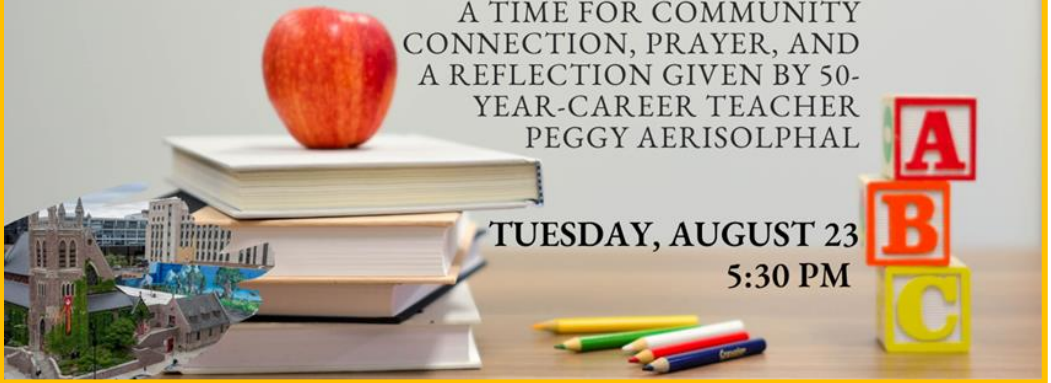


ST. PAUL'S  
EPISCOPAL CATHEDRAL

ALL ARE INVITED

## SERVICE OF BLESSING FOR EDUCATORS

A TIME FOR COMMUNITY  
CONNECTION, PRAYER, AND  
A REFLECTION GIVEN BY 50-  
YEAR-CAREER TEACHER  
PEGGY AERISOLPHAL



TUESDAY, AUGUST 23  
5:30 PM

**Our Sunday August 28 10:00 am service will include a *Back to School Blessing* for students of all ages.** Come at 9:15 am to hear a presentation by Eleanor Whipple on her experiences on pilgrimage earlier this year.

St. Paul's is seeking a part-time Youth Formation Missioner, to prepare, coordinate and run (with volunteer assistance) a program of Christian formation and fun for St. Paul's middle and high-school youth. Please talk with Amma Nicola if you are interested ([actingdean@stpaulsdm.org](mailto:actingdean@stpaulsdm.org)).

**You are invited to join us virtually or at Gray's Lake.**

**This is not a race but a fun (fund) raiser!**

This year, UTO is partnering with Episcopal Migration Ministries, building on 20 years of partnership between United Thank Offering (UTO) and Episcopal Migration Ministry (EMM).

**When:** September 11 4:00 PM or when ever. [[register here](#)]

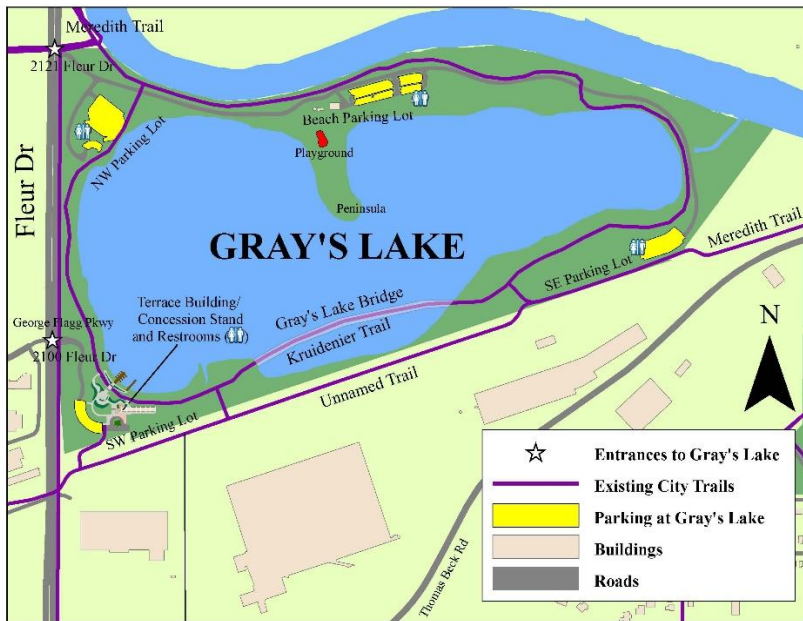
**Where:** On your own wherever you wish, or join us at the SW parking lot (Concessions & Rental stand) at Gray's Lake to group up for our various activities e.g. walk, bike, run, yoga, or sit - you choose! Come to Confluence Brewery when you feel so inclined. There is more parking at Waterworks or other lots at Gray's Lake Park.

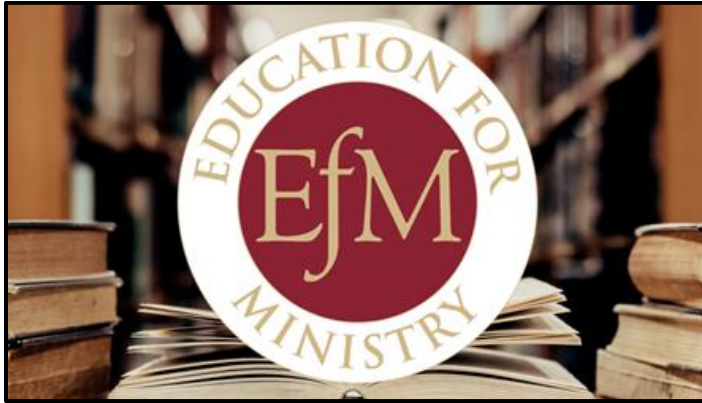
**Who:** This activity is open to everyone. We encourage you join us with family and friends.

**How:** You decide your activity if any. Be sure and join St. Paul's Cathedral, Des Moines group when you sign up.

**Cost:** \$15 registration, with the option to donate to either UTO or EMM.

**[Sign up today!]** (If you can't attend on the 11th, you can still participate - see information at the registration page.)





### **Education for Ministry (EfM) Study Group Forming this Fall**

As we faithfully listen to how God is leading us back and refreshing our spirits with in-person experiences, we are looking for more people to join an Education for Ministry (EfM) cohort this fall. Maybe you have thought about EfM in the past or are looking to deepen your studies and personal connections within this community. We would love to hear from you by August 22 in order to organize registration. Please contact Anna Whipple at [anna.whipple@gmail.com](mailto:anna.whipple@gmail.com) about the St. Paul's/Des Moines Metro EfM group.

EfM (Education for Ministry) is a 4-year extension program in theological study through The University of the South at Sewanee, TN. It is open to all the faithful to explore their call as a Christian and to call each other into a deeper spiritual journey. The course of study includes Old Testament, New Testament, history of the Church Universal, and contemporary theology. Each year of the program follows a theme, which guides participants beyond just academic study to forming spiritual meaning and practice in their daily lives. The themes are: Living Faithfully in Your World, Living Faithfully in a Multicultural World, Living as Spiritually Mature Christians, and Living into the Journey with God.

Deacon John Doherty is the Diocesan Director of the program. Anna Whipple and Rev. Jean McCarthy are the Co-Mentors of the St. Paul's/Des Moines Metro EfM group. We meet as a small group of 6-10 people and usually start in September and go through May each year. While completing the program in 4 years makes for the richest learning experience, participants commit to joining for one year at a time.

## Today's Liturgical Ministers

Ten o'clock Eucharist:

*Crucifer* – Rosa Walker

*1<sup>st</sup> lesson* – Henry Harmon

*Cantor* – Austin Rozendaal

*2<sup>nd</sup> lesson* – Diane Hayes

*Intercessor* – Volunteer requested

*Eucharistic Minister* – Scott Jeneary, Volunteer requested

*Video* – Volunteer requested

*Audio* – Tim Hird

*Ushers* – Cheryl Stearns, Rick Stearns

*Chapter Counters* – Stephanie Wells, Elvin McDonald; (alt. Duane Sand)



### **Mission Statement:**

St. Paul's Episcopal Cathedral is a welcoming, worshiping community committed to living Christ's unconditional love through fellowship, service, and kindness.