

ST. PAUL'S
EPISCOPAL CATHEDRAL

The Third Sunday after Pentecost: Proper 8
June 26, 2022

Choral Eucharist
Ten o'clock in the morning

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297
cathedralchurchofstpaul.org

Organ Voluntary

The Word of God

Hymn 408

Sing praise to God

MIT FREUDEN ZART



1 Sing praise to God who reigns a - bove, the God of all cre -
 2 What God's al - might - y power hath made, his gra - cious mer - cy
 3 Let all who name Christ's ho - ly Name give God all praise and



a - tion, the God of power, the God of love, the God of
 keep - eth; by morn - ing glow or eve - ning shade his watch - ful
 glo - ry; let all who know his power pro - claim a - loud the



our sal - va - tion; with heal - ing balm my soul he fills, and
 eye ne'er sleep - eth. With - in the king - dom of his might, lo!
 won - drous sto - ry! Cast each false i - dol from its throne, the



ev - ery faith - less mur - mur stills: to God all praise and glo - ry.
 All is just and all is right: to God all praise and glo - ry.
 Lord is God, and he a - lone: to God all praise and glo - ry.

Celebrant

Blessed be God: Father, Son, and Holy Spirit.

People

And blessed be God's kingdom, now and for ever. Amen.

The Celebrant may say

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The Gloria

S280

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most



THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS, *the People sit*

A Reading from the Second Book of Kings

[2: 1 – 2, 6 – 14]

Now when the LORD was about to take Eli'jah up to heaven by a whirlwind, Eli'jah and Eli'sha were on their way from Gil'gal. Eli'jah said to Eli'sha, "Stay here; for the LORD has sent me as far as Beth'el." But Eli'sha said, "As the LORD lives, and as you yourself live, I will not leave you." So they went down to Beth'el. Then Eli'jah said to him, "Stay here; for the LORD has sent me to the Jordan." But he said, "As the LORD lives, and as you yourself live, I will not leave you." So the two of them went on. Fifty men of the company of prophets also went, and stood at some distance from them, as they both were standing by the Jordan. Then Eli'jah took his mantle and rolled it up, and struck the water; the water was parted to the one side and to the other, until the two of them crossed on dry ground. When they had crossed, Eli'jah said to Eli'sha, "Tell me what I may do for you, before I am taken from you." Eli'sha said, "Please let me inherit a double share of your spirit." He responded, "You have asked a hard thing; yet, if you see me as I am being taken from you, it will be granted you; if not, it will not." As they continued walking and talking, a chariot of fire and horses of fire separated the two of them, and Eli'jah ascended in a whirlwind into heaven. Eli'sha kept watching and crying out, "Father, father! The chariots of Israel and its horsemen!" But when he could no longer see him, he grasped his own clothes and tore them in two pieces. He

picked up the mantle of Eli'jah that had fallen from him, and went back and stood on the bank of the Jordan. He took the mantle of Eli'jah that had fallen from him, and struck the water, saying, "Where is the LORD, the God of Eli'jah?" When he had struck the water, the water was parted to the one side and to the other, and Eli'sha went over.

Leader The Word of the Lord.

People Thanks be to God.

Psalm 77: 1 – 2, 11 – 20

Voce mea ad Dominum

BCP p. 693

The Cantor sings the refrain initially and the People join when invited

Mode 8

Refrain

Re-deem us by your strength, O Lord.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

- 1 I will cry aloud to God; *
I will cry aloud, and he will hear me.
- 2 In the day of my trouble I sought the Lord; *
my hands were stretched out by night and did not tire;
I refused to be comforted.
- 11 I will remember the works of the Lord, *
and call to mind your wonders of old time.
- 12 I will meditate on all your acts *
and ponder your mighty deeds.
- 13 Your way, O God, is holy; *
who is so great a god as our God?
- 14 You are the God who works wonders *
and have declared your power among the peoples.
- 15 By your strength you have redeemed your people, *
the children of Jacob and Joseph.
- 16 The waters saw you, O God;
the waters saw you and trembled; *
the very depths were shaken.
- 17 The clouds poured out water;
the skies thundered; *
your arrows flashed to and fro;

- 18 The sound of your thunder was in the whirlwind;
your lightnings lit up the world; *
the earth trembled and shook.
- 19 Your way was in the sea,
and your paths in the great waters, *
yet your footsteps were not seen.
- 20 You led your people like a flock *
by the hand of Moses and Aaron.

A Reading from the Letter of Paul to the Galatians

[5: 1, 13 – 25]

For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery. For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, "You shall love your neighbor as yourself." If, however, you bite and devour one another, take care that you are not consumed by one another. Live by the Spirit, I say, and do not gratify the desires of the flesh. For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. But if you are led by the Spirit, you are not subject to the law. Now the works of the flesh are obvious: fornication, impurity, licentiousness, idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God. By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit.

Leader The Word of the Lord.

People Thanks be to God.

Hymn 513*Like the murmur of the dove's song*

BRIDEGROOM



1 Like the mur - mur of the dove's song, like the
 2 To the mem - bers of Christ's Bo - dy, to the
 3 With the heal - ing of di - vi - sion, with the



chal - lenge of her flight, like the vig - or of the
 branch - es of the Vine, to the Church in faith as -
 cease - less voice of prayer, with the power to love and



wind's rush, like the new flame's ea - ger
 sem - bled, to her midst as gift and
 wit - ness, with the peace be - yond com -



might: come, — Ho - ly Spi - rit, come.
 sign: come, — Ho - ly Spi - rit, come.
 pare: come, — Ho - ly Spi - rit, come.

Phrase 1 of each stanza may be sung by one group, with a contrasted group singing phrase 2, and all joining for the final phrase.

The Holy Gospel

[Luke 9: 51 – 62]

All Stand

Deacon The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

When the days drew near for him to be taken up, he set his face to go to Jerusalem. And he sent messengers ahead of him. On their way they entered a village of the Samaritans to make ready for him; but they did not receive him, because his face was set toward Jerusalem. When his disciples James and John saw it, they said, "Lord, do you want us to command fire to come down from heaven and consume them?" But he turned and rebuked them. Then they went on to another village. As they were going along the road, someone said to him, "I will follow you wherever you go." And Jesus said to him, "Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head."

To another he said, "Follow me." But he said, "Lord, first let me go and bury my father." But Jesus said to him, "Let the dead bury their own dead; but as for you, go and proclaim the kingdom of God." Another said, "I will follow you, Lord; but let me first say farewell to those at my home." Jesus said to him, "No one who puts a hand to the plow and looks back is fit for the kingdom of God."

Deacon The Gospel of the Lord.

People Praise to you, Lord Christ.

THE HOMILY

Paul Nelson, M. Div.

After the Homily, a period of silent reflection is kept.

THE NICENE CREED, *standing*

BCP p. 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

All stand or kneel for prayer.

Deacon or other leader

If we live by the Spirit, brothers and sisters, let us also be guided by the Spirit. And, guided by the Spirit, let us lift our prayers to the Lord, saying, "We cry aloud to you; O God, hear us."

Intercessor We pray for our Presiding Bishop; Betsey, our bishop; St. Paul's clergy and staff; and all lay and ordained ministers. In our diocese, companion dioceses, and the Anglican Communion we pray for the clergy and people of St Luke, Cedar Falls, Trinity, Waterloo; the Diocesan Communications Team in Brechin; Nangirimo Deanery, Nzara; Mhlosheni Parish, Swaziland; Province of the Episcopal Church of Sudan. We give you thanks, O God, that for freedom Christ has set us free. Though at times it challenges our patience, we also give you thanks for the freedom, through love, to become servants of one another.

Silence

We cry aloud to you;

O God, hear us.

Intercessor Gracious God, give us the will and the strength to prepare the way for your Kingdom to come. May love heal our factions and peace overcome strife.

Silence

We cry aloud to you;

O God, hear us.

Intercessor Your paths are the great waters, mighty Redeemer. We thank you that by the waters of baptism you have made us members of your household.

The congregation is invited to add their own thanksgivings, followed by silence

We cry aloud to you;

O God, hear us.

Intercessor Lord Jesus, you rebuked your disciples James and John when they desired the destruction of others. Instill in us gentleness and self-control that we might learn to love even those with whom we strongly disagree.

Silence

We cry aloud to you;

O God, hear us.

Intercessor You are the God who works wonders. We offer to you our sincere prayers for our hurting loved ones. Work wonders in their hearts and lives, we pray.

The congregation is invited to add their own petitions, followed by silence

We cry aloud to you;

O God, hear us.

Intercessor By your strength, O God, you redeem your people. Lead us by your Spirit and make us fit for your heavenly Kingdom.

Silence

We cry aloud to you;

O God, hear us.

The Celebrant adds a concluding Collect.

O God of peace, who has taught us that in returning and rest we shall be saved, in quietness and in confidence shall be our strength: By the might of your Spirit lift us, we pray, to your presence, where we may be still and know that you are God; through Jesus Christ our Lord. **Amen.**

THE CONFESSION AND ABSOLUTION

BCP p. 360

Deacon: Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.**

WELCOME AND ANNOUNCEMENTS

We offer safe and secure online giving on our website by using the QR (“Quick Response”) Code on the right.

For on-line Giving Options: Visit cathedralchurchofstpaul.org and click “Donate Now.”

You may also put your offering in the offering plate, located near the entrance of the nave.

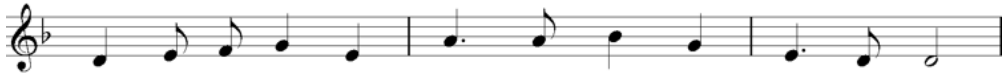


The Holy Communion

Offertory Hymn 605

What does the Lord require

SHARPTHORNE



- 1 What does the Lord re - quire for praise and of - fer - ing?
- 2 Ru - lers of earth, give ear! Should you not jus - tice show?
- 3 Still down the a - ges ring the pro - phet's stern com-mands.
- 4 How shall my soul ful - fill God's law so hard and high?



What sac - ri - fice de - sire, or trib - ute bid you bring?
Will God your plead - ing hear, while crime and cruel - ty grow?
To mer - chant, work - er, king he brings God's high de - mands.
Let Christ en - due our will with grace to for - ti - fy.



Do just - ly; love mer - cy; walk hum - bly with your God.
Do just - ly; love mer - cy; walk hum - bly with your God.
Do just - ly; love mer - cy; walk hum - bly with your God.
Then just - ly; in mer - cy we'll (hum - bly walk with God.)



hum - bly walk with God.

THE GREAT THANKSGIVING

Eucharistic Prayer B

BCP p. 367

Celebrant The Lord be with you.

People And also with you

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For with your co-eternal Son and Holy Spirit, you are one God, one Lord, in Trinity of Persons and in Unity of Being; and we celebrate the one and equal glory of you, O Father, and of the Son, and of the Holy Spirit.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Sanctus

Hymnal S124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The people stand or kneel. Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Paul and with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

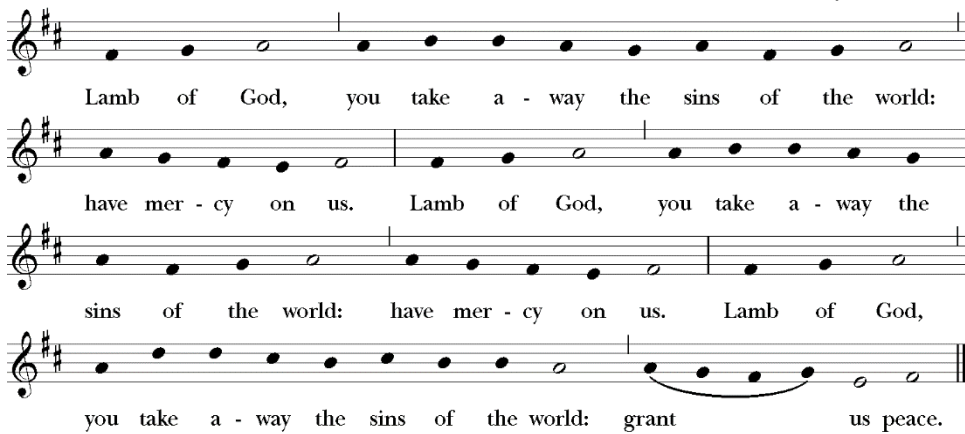
The Celebrant breaks the consecrated Bread

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People; Therefore let us keep the feast. Alleluia.

Fraction Anthem

Hymnal S161



Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Celebrant: The gifts of God for the People of God.

All baptized persons are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place. In either case you are welcome to receive a blessing, indicated by crossing your arms over your chest.

Communion Music

After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

BCP p. 365

After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Bishop when present, or the Priest, may bless the people

God's blessing be with you, Christ's peace be with you, the Spirit's outpouring be with you, now and always. **Amen.**

Hymn 555

Lead on, O King eternal

LANCASHIRE

1 Lead on, O King e - ter - nal, the day of march has come;
 2 Lead on, O King e - ter - nal, till sin's fierce war shall cease,
 3 Lead on, O King e - ter - nal: we fol - low, not with fears;

hence - forth in fields of con - quest thy tents shall be our home:
 and ho - li - ness shall whis - per the sweet a - men of peace;
 for glad - ness breaks like morn - ing wher - e'er thy face ap - pears.

through days of prep - a - ra - tion thy grace has made us strong,
 for not with swords loud clash - ing, nor roll of stir - ring drums,
 Thy cross is lift - ed o'er us; we jour - ney in its light:

and now, O King e - ter - nal, we lift our bat - tle song.
 but deeds of love and mer - cy, the heaven - ly king - dom comes.
 the crown a - waits the con - quest; lead on, O God of might!

DISMISSAL

The Deacon dismisses the people.

People **Thanks be to God.**

Organ Voluntary

Announcements for June 26, 2022

The flowers on the altar today are my gift to St. Paul's congregation on the occasion of my ninety-first birthday

– Babette Brenton –

Today at St. Paul's

- We welcome today's guest homilist Paul Nelson at both services today.

Paul Nelson has lived in Des Moines for three years and is retired from active employment. From 1994 through 2009, Paul was a rostered clergy n the ELCA denomination in the Southeast Iowa Synod. He served congregations n Ottumwa, Muscatine, and Clive as a full-time pastor. During the 1994 – 2009 period, he was also engaged in interim ministry with several ELCA congregations within the Southeast Iowa and Western Iowa Synods.

From Many, One

Conversations Across Difference

Who are you? Who are we? Who are we called to become?

Small group intentional conversations with an opportunity to know one another and develop a sense of community. Attend as many as you wish!

Tuesdays

July 12, 26, & August 9

Zoom at 7:00 p.m.

Thursdays

July 14, 28, & August 11

Cathedral Courtyard Wine &

Cheese at 6:00 p.m.

Urban Bicycle Food Ministry

Love to ride? Love to help others? St. Paul's has been invited to partner with [Urban Bicycle Food Ministry](#) on July 14 to make and deliver meals to those in need on several routes in Des Moines. Please see [here](#) for general information and watch for particulars in next week's eNews from St. Paul's.

Iowa Cubs' Game Sunday, August 14

Join us August 14 at 1:08 PM for St. Paul's Outing to Iowa Cubs -- We will be seated in Section 9 Behind Home Plate -- Tickets: \$8.00. Tickets are on sale after Sunday Services or from the Cathedral Office until August 7.

The Great EpisGOpal Race is back, and you're invited to join together in gratitude and race to benefit others!

This year, UTO is partnering with Episcopal Migration Ministries, building on 20 years of partnership between United Thank Offering (UTO) and Episcopal Migration Ministry (EMM).

When: September 11 [register here](#)

Where: Gather with us at Gray's Lake at 4:00 PM to group up for our various activities e.g. walk, bike, or run - you choose! Come to Confluence Brewery when you are done.

Who: This race is open to everyone. We encourage you join with your family, and friends.

How: Race your way! You decide your distance and mode. Be sure and join St. Paul's Cathedral, Des Moines group when you sign up.

Cost: \$15 registration, with the option to donate to either UTO or EMM.

[Sign up today!](#)

(If you can't attend on 9/11 you can still participate - see information at the registration page.)

Today's Liturgical Ministers

Crucifer – Rosa Walker

1st lesson – Kirsten Buniak

Cantor – Lexie Thiessen

2nd lesson – Scott Jeneary

Eucharistic Minister – Scott Jeneary, Catherine Gillespie

Audio – Harold Alexander

Ushers – John Skinner, Henry Harmon

Chapter Counters – Kirsten Buniak, Jolene Phelps; (alt. Mike Gillespie)



Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.