



ST. PAUL'S

EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297

cathedralchurchofstpaul.org

The First Sunday after Pentecost: Trinity Sunday

Choral Eucharist

Sunday, May 30, 2021

Ten o'clock in the morning

Per recent guidance from the Diocesan Task Force on Regathering, congregations may now sing quietly. Please remain masked.

Organ Voluntary

The Word of God

Hymn 362

Holy, holy, holy

NICAEA

1 Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!
*2 Ho - ly, ho - ly, ho - ly! All the saints a - dore thee,
3 Ho - ly, ho - ly, ho - ly! Though the dark - ness hide thee,
4 Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!

Ear - ly in the morn - ing our song shall rise to thee;
cast - ing down their gold - en crowns a - round the glass - y sea;
though the sin - ful hu - man eye thy glo - ry may not see,
All thy works shall praise thy Name, in earth, and sky, and sea;

Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,
 cher - u - bim and ser - a - phim fall - ing down be - fore thee,
 on - ly thou art ho - ly; there is none be - side thee,
 Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,

God in three Per - sons, bless - ed Trin - i - ty.
 which wert, and art, and ev - er - more shalt be.
 per - fect in power, in love, and pu - ri - ty.
 God in three Per - sons, bless - ed Trin - i - ty.

Words: Reginald Heber (1783-1826), alt. Music: *Nicaea*, John Bacchus Dykes (1823-1876)

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever. Amen.**

The Celebrant may say

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The Gloria S280

1. Glo - ry to God in the high - est, and
 peace to his peo - ple on earth. 2. Lord God, heaven - ly

King, al - might - y God and Fa - ther, we wor - ship you, we
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For you a - lone are the Ho - ly One,
 you a - lone are the Lord, 7. you a - lone are the Most
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the
 glo - ry of God the Fa - ther. A - men.

THE COLLECT OF THE DAY

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your Divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. **Amen.**

THE LESSONS, *the People sit*

A Reading from the Book of Isaiah

[6: 1 – 8]

In the year that King Uzzi'ah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said: "Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory." The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the LORD of hosts!" Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!"

Leader The Word of the Lord.

People **Thanks be to God.**

The Cantor sings the refrain initially and the People join when invited

Mode 1

Refrain

In the tem - ple of the Lord all are cry - ing "Glo-ry!"
from Gradual Psalms for the RCL, ed. Bruce E. Ford, Church Publishing Incorporated.

- 1 Ascribe to the LORD, you gods, *
ascribe to the LORD glory and strength.
- 2 Ascribe to the LORD the glory due his Name; *
worship the LORD in the beauty of holiness.
- 3 The voice of the LORD is upon the waters;
the God of glory thunders; *
the LORD is upon the mighty waters.
- 4 The voice of the LORD is a powerful voice; *
the voice of the LORD is a voice of splendor.
- 5 The voice of the LORD breaks the cedar trees; *
the LORD breaks the cedars of Lebanon;
- 6 He makes Lebanon skip like a calf, *
and Mount Hermon like a young wild ox.
- 7 The voice of the Lord splits the flames of fire;
the voice of the LORD shakes the wilderness; *
the LORD shakes the wilderness of Kadesh.
- 8 The voice of the LORD makes the oak trees writhe *
and strips the forests bare.
- 9 And in the temple of the LORD *
all are crying, "Glory!"
- 10 The LORD sits enthroned above the flood; *
the LORD sits enthroned as King for evermore.
- 11 The LORD shall give strength to his people; *
the LORD shall give his people the blessing of peace.

A Reading from the Letter of Paul to the Romans

[8: 12 – 17]

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh—for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him.

Leader The Word of the Lord.

People Thanks be to God.

Hymn 371 (St. 1 – 3) *Thou, whose almighty word*

MOSCOW

1 Thou, whose al - might - y word cha - os and dark - ness heard,
2 Thou who didst come to bring on thy re - deem - ing wing
3 Spi - rit of truth and love, life - giv - ing, ho - ly Dove,
4 Ho - ly and bless - ed Three, glo - ri - ous Trin - i - ty,

and took their flight; hear us, we hum - bly pray, and, where the
heal - ing and sight, health to the sick in mind, sight to the
speed forth thy flight! Move on the wa - ters' face bear - ing the
wis - dom, love, might; bound - less as o - cean's tide, roll - ing in

Gos - pel day sheds not its glo - rious ray, let there be light!
 in - ly blind, now to all hu - man - kind, let there be light!
 gifts of grace, and, in earth's dark - est place, let there be light!
 full - est pride, through the world, far and wide, let there be light!

Words: John Marriott (1780-1825), alt.

Music: *Moscow*, Felice de Giardini (1716-1796), harm. *The New Hymnal*, 1916, based on *Hymns Ancient and Modern*, 1875, and Lowell Mason (1792-1872)

The Holy Gospel

[John 3: 1 – 17]

All Stand

Deacon The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

Now there was a Phar'isee named Nicode'mus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicode'mus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicode'mus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in

the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. "

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 371 (St. 4)

Holy and blessed Three

MOSCOW

Please return to page 7

THE HOMILY

Mr. Jonathan Hansen

After the Homily, a period of silent reflection is kept.

THE NICENE CREED, standing

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We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE FORM I

BCP p. 383

All stand or kneel for prayer.

Deacon or other leader

With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

For the peace from above, for the loving kindness of God, and for the salvation of our souls, let us pray to the Lord.

Lord, have mercy.

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For our Presiding Bishop; Alan, our bishop; St. Paul's clergy and staff; and all lay and ordained ministers, let us pray to the Lord.

Lord, have mercy.

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

Lord, have mercy.

For the bishop candidates, Jennifer, Betsey, and Elizabeth, for the work of the Bishop Transition Committee, and for the Convention delegates as we approach the selection of the tenth Bishop of Iowa, let us pray to the Lord.

Lord, have mercy.

In our diocese, companion dioceses, and the Anglican Communion we pray for the clergy and people of St. John, Dubuque; Diocesan Strategy & Planning: led by the Chapter and Diocesan Council in Brechin; Good Samaritan Primary Health Care Center in Nzara; Sunday School teachers and pupils throughout Swaziland; and *La Iglesia Anglicana de Mexico*, let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

Defend us, deliver us, and in thy compassion protect us, O Lord, by thy grace.

Lord, have mercy.

In the communion of ever-blessed Virgin Mary, St. Joseph, St. Paul, and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

Silence

The Celebrant adds a concluding Collect.

Almighty God, by your Holy Spirit you have made us one with your saints in heaven and on earth: Grant that in our earthly pilgrimage we may always be supported by this fellowship of love and prayer, and know ourselves to be surrounded by their witness to your power and mercy. We ask this for the sake of Jesus Christ, in whom all our intercessions are acceptable through the Spirit, and who lives and reigns for ever and ever. **Amen.**

THE CONFESSION AND ABSOLUTION

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Deacon: Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.**

ANNOUNCEMENTS

On-line Giving Options: Visit cathedralchurchofstpaul.org and click "Donate Now."

The Holy Communion

Offertory Anthem

THE GREAT THANKSGIVING

Eucharistic Prayer B

BCP p. 367

Celebrant The Lord be with you.

People **And also with you**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For with your co-eternal Son and Holy Spirit, you are one God, one Lord, in Trinity of Persons and in Unity of Being; and we celebrate the one and equal glory of you, O Father, and of the Son, and of the Holy Spirit.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Sanctus

Hymnal S124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The people stand or kneel. Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People:

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Paul and with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author

of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say, **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated Bread

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People; Therefore let us keep the feast. Alleluia.

Fraction Anthem

Hymnal S161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Celebrant: The gifts of God for the People of God.

All baptized persons are welcome to receive Holy Communion. Please remain in your place and a clergy person will bring communion to you. Alternatively you are invited to receive a blessing, by crossing your arms over your chest.

Prayer for Spiritual Communion (St. Alphonsus de Liguori, 1696-1787)
My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. **Amen.**

All baptized persons are welcome to receive Holy Communion. Please remain in your place and a clergy person will bring communion to you. Alternatively you are invited to receive a blessing, by crossing your arms over your chest.

Communion Music

After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

BCP p. 365

After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Bishop when present, or the Priest, may bless the people

May God the Holy Trinity make you strong in faith and love, defend you on every side, and guide you in truth and peace; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. Amen.

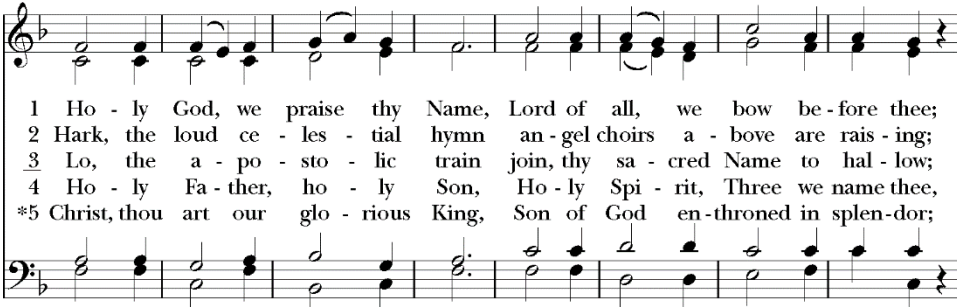
DISMISSAL

Deacon Let us go forth into the world, rejoicing in the power of the Spirit.

People **Thanks be to God.**

Hymn 366 (St. 1 – 4) *Holy God, we praise thy Name*

GROSSER GOTT



1 Ho - ly God, we praise thy Name, Lord of all, we bow be - fore thee;
2 Hark, the loud ce - les - tial hymn an - gel choirs a - bove are rais - ing;
3 Lo, the a - po - sto - lic train join, thy sa - cred Name to hal - low;
4 Ho - ly Fa - ther, ho - ly Son, Ho - ly Spi - rit, Three we name thee,
*5 Christ, thou art our glo - rious King, Son of God en - throned in splen - dor;



1 all on earth thy scep - ter claim, all in heaven a - bove a - dore thee;
2 cher - u - bim and ser - a - phim, in un - ceas - ing cho - rus prais - ing,
3 pro - phets swell the loud re - frain, and the white - robed mar - tyrs fol - low;
4 while in es - sence on - ly One, un - di - vi - ded God we claim thee;
5 but de - liv - er - ance to bring thou all hon - ors didst sur - ren - der,

1 in - fi - nite thy vast do - main, ev - er - last - ing is thy reign.
 2 fill the heavens with sweet ac - cord: ho - ly, ho - ly, ho - ly Lord!
 3 and, from morn till set of sun, through the Church the song goes on.
 4 then, a - dor - ing, bend the knee and con - fess the mys - ter - y.
 5 and wast of a vir - gin born hum - bly on that bless - ed morn.

6 Thou didst take the sting from death,
 Son of God, as Savior given;
 on the cross thy dying breath
 opened wide the realm of heaven.
 In the glory of that land
 thou art set at God's right hand.

7 As our judge thou wilt appear.
 Savior, who hast died to win us,
 help thy servants, drawing near.
 Lord, renew our hearts within us.
 Grant that with thy saints we may
 dwell in everlasting day.

Words: Para, *Te Deum*; sts. 1-4, Ignaz Franz (1719-1790); tr. Clarence Walworth (1820-1900). Sts. 5-7, F. Bland Tucker (1895-1984) Copyright © The Church Pension Fund. Music: *Grosser Gott*, melody from *Katholischer Gesangbuch*, 1686; alt. *Cantate*, 1851; harm. Charles Winfred Douglas (1867-1944), after Conrad Kocher (1786-1872) Copyright © The Church Pension Fund. All rights reserved. Used with permission.

Organ Voluntary

Announcements for May 30, 2021

New St. Paul's website

Our new website features: A link to the livestream and bulletin directly on the home page, an announcements section where you can easily look up what was talked about in service, volunteer and ministry opportunities and more! We invite you to hop online and explore all that our new website has to offer. You may reach the site at both cathedralchurchofstpaul.org and stpaulsepiscopalcathedral.org.

St. Paul's Youth Summer Fine Arts Camp

July 19 – July 23, 9:00 am – 12:30 pm

Ages 8 – 13 – Registration fee \$45 or \$80 for 2

Includes all materials, lunch, and snacks: scholarships available.

Curriculum will incorporate music theory, church music, vocal exercise, handbells, architecture, and prayer. Choral experience welcome, not required. You can register on our website.

Please register by Friday, June 4.

From the Social Justice Committee:

- *Thanks to all of you who brought in food and other items for the Blessing Box!* Your generous donations have been bagged into "grab and go" bags for those in need. If you know of someone in need, please feel free to take one of the prefilled bags. (For more information on the Blessing Box, see below.)
- *Interested in Helping Someone Learn English?*
The Center for Social Ministry, located in Des Moines, is looking for volunteers for their English as a Second Language class. They need volunteers to have informal conversations with students to help them develop their English skills. Volunteers and students meet virtually on Thursdays from 6 - 7 p.m. No previous experience with English language learners is necessary. You must be 18, have access to a computer with an internet connection, and be fluent in English. To sign up to volunteer please go to <https://centerforsocialministry.us3.list-manage.com/track/click?u=212dd070056b9a25c255ff6d7&id=08348dc d3d&e=7ac3315b43>

Blessing Box

Canned Food and Other Essential Items Needed

St. Paul's Social Justice Committee is launching a canned food and other essential items drive to create a small supply of canned goods and other items to have on hand for distribution to those with an immediate need. Based upon the Blessing Box idea, (typically placed outside on the grounds of a church), we propose to maintain a small blessing box pantry of items which could then be distributed as needed. Donations can be dropped off in the cupboards marked for DMARC donations at the North Entrance. If you have questions, please feel free to contact Jean at: jeandeacon@cathedralchurchofstpaul.org or 515.480.5432.



Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.