



ST. PAUL'S

EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297

www.stpaulsdm.org

The Third Sunday in Lent

Choral Eucharist

Sunday, March 12, 2023

Ten o'clock in the morning

Organ Voluntary

Hymn 143 *The glory of these forty days* ERHALT UNS, HERR

A PENITENTIAL ORDER FOR LENT BCP page 351

Celebrant Bless the Lord who forgives all our sins.

People **His mercy endures for ever. Amen.**

THE DECALOGUE BCP p. 350

All kneeling as able

THE CONFESSION AND ABSOLUTION BCP page 352

Kyrie (*in the front section of the Hymnal*) S95

The people standing

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

THE COLLECT OF THE DAY

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

A Reading from the Book of Exodus

[17: 1 – 7]

Psalms 95

Venite, exultemus

BCP p. 724

The Cantor sings the refrain initially and the People join when invited

Mode 2

Refrain

To-day if you would hear God's voice, hard - en not your hearts.
from Gradual Psalms for the RCL, ed. Bruce E. Ford, Church Publishing Incorporated

A Reading from the Letter of Paul to the Romans

[5: 1 – 11]

Hymn 439

What wondrous love is this

WONDROUS LOVE

The Holy Gospel

[John 4: 5 – 42]

THE HOMILY

The Rev. Michael Monnot

Silence may be kept

THE NICENE CREED, standing

BCP page 358

PRAYERS OF THE PEOPLE

All stand or kneel as able for prayer. At the end of each intercession the people respond:

Intercessor: Great God and King,,

People: Hear our prayers.

The Celebrant adds a Concluding Collect.

THE PEACE

BCP page 360

ANNOUNCEMENTS

Announcements for March 12, 2023

Today at St. Paul's

- We welcome The Rev. Michael Monnot, who is preaching and celebrating with us at both services today.
- Connection Café: All are welcome to help make sandwiches after both services. We will serve tomorrow, March 13, 2023.
- The Sunday Group meets at 9:00 a.m. in the Library. We are reading and discussing the book *Calling on the Holy Spirit* by William Countryman.

Canned Food Drive in Lent

Hunger and food insecurity remain problems in the Des Moines metro area and local DMARC food pantries are straining to meet the need. You can help fill the DMARC food pantry shelves by contributing to the canned food drive that St. Paul's will be conducting during Lent. To participate, simply bring canned food items to St. Paul's anytime during Lent. Collection boxes will be conveniently located at all entrance doors. Please provide canned goods only. Thank you for your consideration and support!

St. Paul's Cathedral Arts offers Choral Evensong on the third Sunday of the month

Sunday, March 19 at 4:00 p.m.

**More information about all our activities can be found on the handouts
and on our website: www.stpaulsdm.org**

Today's Liturgical Ministers

Crucifer – Alex Kane

Torch-bearers – Robert Monnot, Thomas Monnot

1st lesson – Henry Harmon

Cantor – Tom Smith

2nd lesson – Peggy Aerisolphal

Intercessor – Jonathan Hansen

Audio System – Harold Alexander

Ushers – Cheryl & Rick Stearns

Chapter Counters – Stephanie Wells, Samuel Hutchisson, (alt., Tom Smith)



Mission Statement: St. Paul's Episcopal Cathedral is a welcoming, worshipping community committed to living Christ's unconditional love through fellowship, service, and kindness.

Vision Statement: Grounded in Worship. Deepening in Faith. Reaching Out in Love.