



**ST. PAUL'S**  
EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297  
www.stpaulsdm.org


**The First Sunday in Lent**  
**Choral Eucharist**


**Sunday, February 26, 2023**


**Ten o'clock in the morning**


**THE GREAT LITANY** *(in the front section of the Hymnal)* S67 or BCP p. 148  
*The People kneel, stand, or sit through the Litany as they are able*


*The Officiant at the Litany may be a lay cantor.*


*Officiant*   
O God the Father, Creator of heaven and earth, Have mer - cy up - on us.

*Officiant*   
O God the Son, Redeemer of the world, Have mer - cy up - on us.

*Officiant*   
O God the Holy Ghost, Sanctifier of the faith - ful, Have mer - cy up - on us.

*Officiant*   
O holy, blessed, and glorious Trinity, one God, Have mer - cy up - on us.

*Officiant*   
Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy

*People*   
preserve us for ev - er. Spare us, good Lord.

*Officiant*  
b

From all evil and wickedness; from sin; from the crafts and assaults of the

devil; and from everlast - ing dam - na - tion,

*People*  
Good Lord, de - liv - er us.

*(This same response is sung after the petitions that follow)*

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

*People*  
We beseech thee to hear us, good Lord.

*(This same response is sung after the petitions that follow)*

*Officiant* Son of God, we beseech thee to hear us.  
*People* Son of God, we beseech thee to hear us.

*Officiant* O Lamb of God, that takest away the sins of the world, Have mer - cy up - on us.  
*People* O Lamb of God, that takest away the sins of the world, Have mer - cy up - on us.

*Officiant* O Lamb of God, that takest away the sins of the world, Grant us thy peace.  
*People*

*Officiant* O Christ, hear us. *People* O Christ, hear us.

*When the litany is sung immediately before the Eucharist, the Litany concludes with the Kyries (which may be sung to any setting), and the Eucharist begins with the Salutation and the Collect of the day.*

*On all other occasions, the Litany continues as follows:*

*Officiant* Lord, have mer - cy up - on us.  
*People* Christ, have mer - cy up - on us.  
*Officiant* Lord, have mer - cy up - on us.

*or*  
Ky - ri - e e - lei - son.  
Chri - ste e - lei - son.  
Ky - ri - e e - lei - son.

Celebrant The Lord be with you  
People **And also with you**  
Celebrant Let us pray

**THE COLLECT OF THE DAY**

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

**THE LESSONS**

**A Reading from the Book of Genesis** [2: 15 – 17, 3: 1 – 7]

**Psalm 32** *Beati quorum* BCP p. 624

*The Cantor sings the refrain initially and the People join when invited*

Mode 2

**Refrain**

Hap - py are they whose trans - gres - sions are for - giv - en,  
and whose sin is put a - way!

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

**A Reading from the Letter of Paul to the Romans** [5: 12 – 19]

**Hymn 439 (St. 1 & 2)** *What wondrous love is this* WONDROUS LOVE

**The Holy Gospel** [Matthew 4: 1 – 11]

**THE HOMILY** The Rev. Nicola Bowler  
*Silence may be kept*

**THE NICENE CREED, standing** BCP page 358

## THE PEACE

## ANNOUNCEMENTS

## THE HOLY COMMUNION

**Offertory Anthem**      *Write Your Blessed Name*      Dale Grotenhuis

**Eucharistic Prayer A**      BCP p. 361

**Sanctus**      (*in the front section of the Hymnal*)      S124

*In unison*

**THE LORD'S PRAYER**      BCP page 364

## THE BREAKING OF THE BREAD

**Fraction Anthem**      (*in the front section of the Hymnal*)      S160

*All who seek a deeper life in Christ are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place and indicating to an usher that you would like to receive. Alternatively, you are welcome to receive a blessing, indicated by crossing your arms over your chest. If you are not yet baptized and feel drawn to receive Holy Communion, please speak with a priest about baptism after the service.*

**Hymn 313**      *Let thy Blood in mercy poured*      JESUS, MEINE ZUVERSICHT

*After the people receive Communion a period of silent reflection is kept*

**POST COMMUNION PRAYER**      BCP p. 365

## THE PRAYERS OVER THE PEOPLE

*The Deacon or, in the absence of a deacon the Celebrant says*

*Deacon*      Let us bow down before the Lord.

*The people kneel and the Celebrant says the following prayer:*

**Celebrant**      Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**

DISMISSAL

Organ Voluntary

**Announcements for February 26, 2023**

Today at St. Paul's

- Sunday Morning Study on the Holy Spirit 9:00 am, meet in the Library, all are welcome.

**ST. PAUL'S LENTEN SERIES**  
**Spirituality of Aging, Important Legal Documents,  
and Burial Planning**

Join us for a three part Lenten Series focusing on the spirituality of aging, important legal documents to consider as you age and burial planning in the Episcopal Church. This series is hosted by the Clergy staff of St. Paul's and will held both in person and on Zoom. The in-person sessions will take place from 10:00 to 11:30 am on three consecutive Saturday mornings and the ZOOM sessions will repeat the same content on three consecutive Wednesday evenings from 6:30 to 7:30 pm. Attend which ever suits your interests and your schedule.

- *The Spirituality of Aging: led by Deacon John Doherty*  
In person on Saturday March 11. Online on Wednesday March 8
- *Important Legal Documents to Consider as You Age: led by Deacon Jean Davis*  
In person on Saturday March 18. Online on Wednesday March 15
- *Burial Service Planning in the Episcopal Church: led by Acting Dean Nicola Bowler*  
In person on Saturday March 25. Online on Wednesday March 22.

## **The St. Paul's Blessing Box Needs to be Restocked!**

The following items are needed for the St. Paul's Blessing Box:

*Canned meats, Canned meals, Canned soups, Canned vegetables, Peanut Butter, Boxed Mac and Cheese, Cleaning Supplies, Toilet Paper, and Paper Towels*

**Thank you for your ongoing support of this important ministry!**

**More information about all our activities can be found on the handouts and on our website: [www.stpaulsdm.org](http://www.stpaulsdm.org)**

### **Today's Liturgical Ministers**

*Crucifer* – Catherine Gillespie

*Thurifer* – Alex Kane

*Boat-bearer* – Zara Bowler

*Torch-bearers* – Elise Allard, Madeline Allard

*1<sup>st</sup> lesson* – Scott Jeneary

*Cantor* – Lexie Thiessen

*2<sup>nd</sup> lesson* – Ro Ruth-Bany

*Eucharistic Minister* – Scott Jeneary, Volunteer requested

*Audio System* – Harold Alexander

*Ushers* – Volunteers requested

*Chapter Counters* – John Stender-Custer, Stephanie Wells, (alt., Rosa Walker)



**Mission Statement:** St. Paul's Episcopal Cathedral is a welcoming, worshiping community committed to living Christ's unconditional love through fellowship, service, and kindness.

**Vision Statement:** Grounded in Worship. Deepening in Faith. Reaching Out in Love.