



ST. PAUL'S EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297
cathedralchurchofstpaul.org

The Fourth Sunday After the Epiphany Choral Eucharist

Sunday, January 30, 2022

Ten o'clock in the morning

*Current CDC guidance advises everyone in Polk County
to wear a mask in indoor public places. Thank you for wearing your facemask
when inside at St. Paul's.*

Organ Voluntary

The Word of God

Hymn 383

Fairest Lord Jesus

ST. ELIZABETH

1 Fair - est Lord Je - sus, Ru - ler of all na - ture, O thou of
2 Fair are the mea - dows, fair - er still the wood - lands, robed in the
3 Fair is the sun - shine, fair - er still the moon - light, and all the

God and man the Son; thee will I cher - ish,
bloom - ing garb of spring; Je - sus is fair - er,
twink - ling, star - ry host: Je - sus shines bright - er,

thee will I hon - or, thou, my soul's glo-ry, joy, and crown.
 Je - sus is pur - er, who makes the woe-ful heart to sing.
 Je - sus shines pur - er, than all the an-gels heaven can boast.

Words: German composite; tr. pub. New York, 1850, alt.
 Music: *St. Elizabeth*, melody from *Schleische Volkslieder*, 1842; harm. Thomas Tertius Noble (1867-1953)

THE GREETING

Celebrant

Blessed be God: Father, Son, and Holy Spirit.

People

**And blessed be God's kingdom, now and for ever.
 Amen.**

Gloria

S280

1. Glo - ry to God in the high - est, and
 peace to his peo - ple on earth. 2. Lord God, heaven - ly
 King, al - might - y God and Fa - ther, we wor - ship you, we
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy

on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For you a - lone are the Ho - ly One,
 you a - lone are the Lord, 7. you a - lone are the Most
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the
 glo - ry of God the Fa - ther. A - men.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS, *the People sit*

A Reading from the Book of Jeremiah

[1: 4 – 10]

The word of the Lord came to me, saying, “Before I formed you in the womb I knew you, before you were born I set you apart; I appointed you as a prophet to the nations.” “Alas, Sovereign Lord,” I said, “I do not know how to speak; I am too young.” But the Lord said to me, “Do not say, ‘I am too young.’ You must go to everyone I send you to and say whatever I

command you. Do not be afraid of them, for I am with you and will rescue you,” declares the Lord. Then the Lord reached out his hand and touched my mouth and said to me, “I have put my words in your mouth. See, today I appoint you over nations and kingdoms to uproot and tear down, to destroy and overthrow, to build and to plant.”

Leader The Word of the Lord.

People **Thanks be to God.**

Psalm 71: 1 – 6

In te, Domine, speravi

BCP page 683

The Cantor sings the refrain initially and the People join when invited

REFRAIN



My tongue will pro-claim your right-eous-ness, O God.

- 1 In you, O LORD, have I taken refuge; *
 let me never be ashamed.
- 2 In your righteousness, deliver me and set me free; *
 incline your ear to me and save me.
- 3 Be my strong rock, a castle to keep me safe; *
 you are my crag and my stronghold.
- 4 Deliver me, my God, from the hand of the wicked, *
 from of the clutches of the evildoer and the oppressor.
- 5 For you are my hope, O Lord GOD, *
 my confidence since I was young.
- 6 I have been sustained by you ever since I was born;
 from my mother's womb you have been my strength; *
 my praise shall be always of you.

A Reading from the First Letter of Paul to the Corinthians [13: 1 – 13]

If I speak in the tongues of mortals and of angels, but do not have love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but do not have love, I am nothing. If I give away all my possessions, and if I hand over my body so that I may boast, but do not have love, I gain nothing. Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends. But as for prophecies, they will come to an end; as for tongues, they will cease; as for knowledge, it will come to an end. For we know only in part, and we prophesy only in part; but when the complete comes, the partial will come to an end. When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became an adult, I put an end to childish ways. For now we see in a mirror, dimly, but then we will see face to face. Now I know only in part; then I will know fully, even as I have been fully known. And now faith, hope, and love abide, these three; and the greatest of these is love.

Leader The Word of the Lord.

People **Thanks be to God.**

Hymn 707

Take my life, and let it be consecrated

HOLLINGSIDE

1 Take my life, and let it be con - se - crat - ed, Lord, to thee;
 2 Take my voice, and let me sing al - ways, on - ly, for my King;

take my mo - ments and my days, let them flow in cease - less praise.
 take my in - tel - lect, and use ev - ery power as thou shalt choose.

Take my hands, and let them move at the im - pulse of thy love;
 Take my will, and make it thine; it shall be no long - er mine.

take my heart, it is thine own; it shall be thy roy - al throne.
 Take my - self, and I will be ev - er, on - ly, all for thee.

Words: Frances Ridley Havergal (1836-1879), alt. Music: *Hollingside*, John Bacchus Dykes (1823-1876)

The Holy Gospel

[Luke 4: 21 – 30]

All Stand

Deacon The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

Jesus began to speak to the synagogue at Nazareth: "Today this scripture has been fulfilled in your hearing." All spoke well of him and were amazed at the gracious words that came from his mouth. They said, "Is not this Joseph's son?" He said to them, "Doubtless you will quote to me this proverb, ' Doctor, cure yourself!' And you will say, 'Do here also in your hometown the things that we have heard you did at Caper'naum.'" And he said, "Truly I tell you, no prophet is accepted in the prophet's hometown. But the truth is, there were many widows in Israel in the time of Eli'jah, when the heaven was shut up three years and six months, and there was a severe famine over all the land; yet Eli'jah was sent to none of them except to a widow at Zar'ephath in Si'don. There were also many lepers in Israel in the time of the prophet Eli'sha, and none of them was cleansed except Na'aman the Syrian." When they heard this, all in the synagogue were filled with rage. They got up, drove him out of the town, and led him to the brow of the hill on which their town was built, so that they might hurl him off the cliff. But he passed through the midst of them and went on his way.

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE HOMILY

The Rev. Ben Webb

After the Homily, a period of silent reflection is kept.

THE NICENE CREED, *standing*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE FORM IV

BCP p. 388

All stand or kneel for prayer.

Deacon or other leader

Let us pray for the Church and for the world.

Intercessor:

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Intercessor: Lord, in your mercy

People: Hear our prayer.

Intercessor:

For Michael, our Presiding Bishop; Betsey, our bishop, and for all clergy and people. In our diocese, companion dioceses, and the Anglican Communion we pray for St John, Dubuque; Diocesan Strategy & Planning, Brechin; Good Samaritan Primary Health Care Center Staff, Nzara; Sunday School teachers and pupils, Swaziland; and The Church of the Province of the Indian Ocean.

Silence

Intercessor: Lord, in your mercy

People: Hear our prayer.

Intercessor:

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Intercessor: Lord, in your mercy

People: Hear our prayer.

Intercessor:

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Intercessor: Lord, in your mercy

People: Hear our prayer.

Intercessor:

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. We pray for those preparing for the birth of a child: Catherine & Brad Krueger.

Silence

Intercessor: Lord, in your mercy

People: Hear our prayer.

Intercessor:

Comfort and heal all those who suffer in body, mind, or spirit. Give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Intercessor: Lord, in your mercy

People: Hear our prayer.

Intercessor:

We commend to your mercy all who have died, especially Bill Hornaday, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Intercessor: Lord, in your mercy

People: Hear our prayer.

The Celebrant adds a concluding Collect.

Hasten, O Father, the coming of your kingdom; and grant that we your servants, who now live by faith, may with joy behold your Son at his coming in glorious majesty; even Jesus Christ, our only Mediator and Advocate.

Amen.

THE CONFESSION AND ABSOLUTION

BCP p. 360

Deacon: Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Then the Ministers and People greet one another in the name of the Lord.

ANNOUNCEMENTS

On-line Giving Options: Visit cathedralchurchofstpaul.org and click “Donate Now” or you can scan now. *Thank you!*



Photo credit: Jim Zeller

The Holy Communion

Offertory Anthem

Contate Domino

Giuseppe Pitoni

Translation:

Sing ye to the Lord a new song; let his praise be in the church of the saints. Let Israel rejoice in him that made him: and let the children of God be joyful in their king.

THE GREAT THANKSGIVING

Eucharistic Prayer C

BCP p. 369

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

Celebrant God of all power, Ruler of the Universe, you are worthy of glory and praise.

People Glory to you for ever and ever.

Celebrant At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

People By your will they were created and have their being.

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

People Have mercy, Lord, for we are sinners in your sight.

Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People By his blood, he reconciled us. By his wounds, we are healed.

Celebrant And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Celebrant and People

Sanctus

S125

In unison

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

Celebrant On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."
Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

People We celebrate his death and resurrection, as we await the day of his coming.

Celebrant Lord God of our Fathers and Mothers; God of Abraham and Sarah, Isaac and Rebekah, Jacob, Rachel, and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People Risen Lord, be known to us in the breaking of the Bread.

Celebrant Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

The Celebrant continues

As our Savior Christ has taught us, we now pray

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread

Celebrant: Christ our Passover is sacrificed for us.

People; Therefore let us keep the feast.

Fraction Anthem

S161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Celebrant: The gifts of God for the People of God.

All baptized persons are welcome to receive Holy Communion. Please remain in place and communion will be brought to you by a minister. You are welcome to receive a blessing, indicated by crossing your arms over your chest.

After the people receive Communion a period of silent reflection is kept. The Celebrant leads The Prayer for Spiritual Communion, for those worshipping online.

Prayer for Spiritual Communion (St. Alphonsus de Liguori, 1696-1787)
My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. **Amen.**

POST COMMUNION PRAYER

BCP p. 365

After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Bishop when present, or the Priest, may bless the people

May Christ, the son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you always. **Amen.**

Hymn 488*Be thou my vision*

SLANE



1 Be thou my vi - sion, O Lord of my heart;
 2 Be thou my wis - dom, and thou my true word;
 3 High King of hea - ven, when vic - tory is won,



all else be nought to me, save that thou art—
 I ev - er with thee and thou with me, Lord;
 may I reach hea - ven's joys, bright hea - ven's Sun!



thou my best thought, — by day or by night,
 thou my great Fa - ther; thine own may I be;
 Heart of my heart, — what - ev - er be - fall,



wak - ing or sleep - ing, thy pres - ence my light.
 thou in me dwell - ing, and I one with thee.
 still be my vis - ion, O Ru - ler of all.

Words: Irish, ca. 700; versified Mary Elizabeth Byrne (1880-1931); tr. Eleanor H. Hull (1860-1935), alt. Copyright © by permission of the Estate of Eleanor Hull and Chatto & Windus Ltd. Music: *Slane*, Irish ballad melody; adapt. *The Church Hymnary*, 1927; harm. David Evans (1874-1948) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

DISMISSAL*The Deacon dismisses the people.***People Thanks be to God.****Organ Voluntary**

Announcements for January 30, 2022

Today at St. Paul's

We welcome as guest preacher today The Rev. Benjamin Webb

Ben is a semi-retired Priest who has been serving alongside the people of All Saints Episcopal Church in Indianola - a storefront church - since 2016. He was previously appointed by Bishop Scarfe to serve several Episcopal churches in Iowa as Interim during their transitions, and prior to that served as Rector of St. Luke's in Cedar Falls for 13 years.

Ben completed both M.A and M.Div. degrees in Berkeley, California at the Graduate Theological Union and its Episcopal seminary, Church Divinity School of the Pacific. Prior to his graduate studies, he worked in Iowa for a dozen years in the so-called secular world focusing on public policy, philanthropy, community development, and social change and innovation. Ben enjoys working collaboratively with others who are trying to create a healthy, mission-oriented parish that is both spiritually mature and socially engaged.

Along the way Ben has also served on the Committee for Corporate Social Responsibility with the national Episcopal church; helped launch Iowa Interfaith Power and Light to better mobilize a faith-based response to climate change; and enjoys facilitating leadership renewal programs both inside and outside of the church as founder of the Center for Regenerative Society. Ben will return to St. Paul's on Sunday April 24 as guest preacher with focus on Earth Day, April 22.

He can be reached by email at allsaintsindianola@gmail.com

**The date for St. Paul's Annual Meeting has been changed to
Sunday, February 27, 2022.**

**Carillon concerts will continue on Sunday mornings at 9:00 am provided
that the temperature is above 10 degrees Fahrenheit.**

The Social Justice Committee and the Care of Creation Committee will hold a joint meeting on February 13, 2022, immediately following the 10:00 service. We will discuss possible projects of interest to both Committees. All are welcome!

St. Paul's Sr. Men's Study Group meets Wednesdays at 10:00 am, in the Guild Hall. For more information, please contact John McKinney: j123mck@aol.com or the cathedral Office administrator@cathedralchurchofstpaul.org



We hope you will consider pledging to our Stewardship campaign. If you need a pledge card, they are available in the Narthex. If you received a pledge card in the mail, please be sure to mail it to the Cathedral. You can also place it in the plate. Thank you!

Today's Liturgical Ministers

1st lesson – Rosa Walker

Cantor – Alex Kane

2nd lesson – John Zickefoose

Intercessor – Volunteer requested

Video – Nate Thiessen

Audio System – Harold Alexander



Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.