



**ST. PAUL'S**  
EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297

[www.stpaulsdm.org](http://www.stpaulsdm.org)

**Ash Wednesday**

**Imposition of Ashes and Holy Eucharist**

**Wednesday February 14, 2024 Noon and Seven o'clock in the evening**

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*All stand at the chiming of the hour*

**THE SALUTATION**

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*The people standing*

*Celebrant* The Lord be with you.

**People** **And also with you.**

*Celebrant* Let us pray.

**THE COLLECT OF THE DAY**

BCP page 217

*Celebrant* Let us pray.

Almighty and everlasting God, you despise nothing you have made and forgive the sins of all who are penitent. Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our brokenness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

**THE LESSONS, *the people sit***

**A Reading from the Book of Joel**

[2: 1 – 2, 12 – 17]

*The Cantor sings the refrain initially and the People join when invited*

Mode 2

**Refrain**

The Lord re - mem - bers that we are but dust.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

### **A Reading from the Second Letter of Paul to the Corinthians**

[5: 20b – 6: 10]

**Hymn 439** (St. 1 & 2)    *What wondrous love is this*    WONDROUS LOVE

**The Holy Gospel**    [Matthew 6: 1 – 6, 16 – 21]

**THE HOMILY**    The Very Rev. Nicola Dance  
*Silence may be kept*

### **INVITATION TO A HOLY LENT**

*All stand; the Celebrant then says*

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

*Silence is then kept for a time, all kneeling.*

#### **BLESSING AND IMPOSITION OF ASHES**

*The Celebrant then says*

Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift we are given everlasting life; through Jesus Christ our Savior. **Amen.**

*If you desire ashes, please move forward.*

*Psalm 51 is read, and the ashes are imposed with the following words*

Remember that you are dust, and to dust you shall return.

#### **LITANY OF PENITENCE**

*All kneel*

*Celebrant and People*

**Most holy and merciful Father: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.**

*Celebrant* We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

**People** **Have mercy on us, Lord.**

*Celebrant* We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

**People** **Have mercy on us, Lord.**

*Celebrant* We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

**People** **We confess to you, Lord.**

*Celebrant* Our self-indulgent appetites and ways, and our exploitation of other people.  
**People** **We confess to you, Lord.**

*Celebrant* Our anger at our own frustration, and our envy of those more fortunate than ourselves,  
**People** **We confess to you, Lord.**

*Celebrant* Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work.  
**People** **We confess to you, Lord.**

*Celebrant* Our negligence in prayer and worship, and our failure to commend the faith that is in us.  
**People** **We confess to you, Lord.**

*Celebrant* Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,  
**People** **Accept our repentance, Lord.**

*Celebrant* For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt for those who differ from us.  
**People** **Accept our repentance, Lord.**

*Celebrant* For our waste and pollution of your creation. and our lack of concern for those who come after us.  
**People** **Accept our repentance, Lord.**

*Celebrant* Restore us, good Lord, and let your anger depart from us;  
**People:** **Favorably hear us, for your mercy is great.**

*Celebrant* Accomplish in us the work of your salvation,  
**People:** **That we may show forth your glory in the world.**

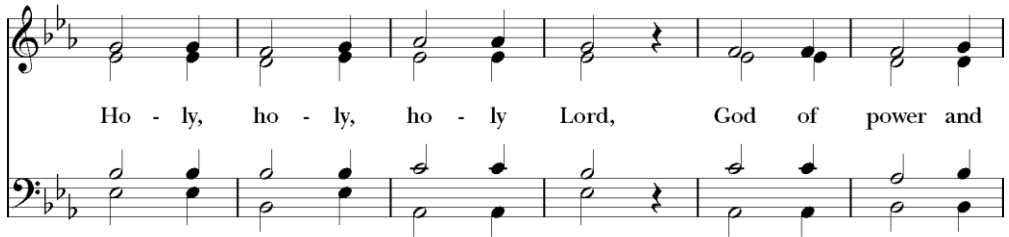
*Celebrant* By the cross and passion of your Son our Lord,  
**People:** **Bring us with all your saints to the joy of his resurrection.**



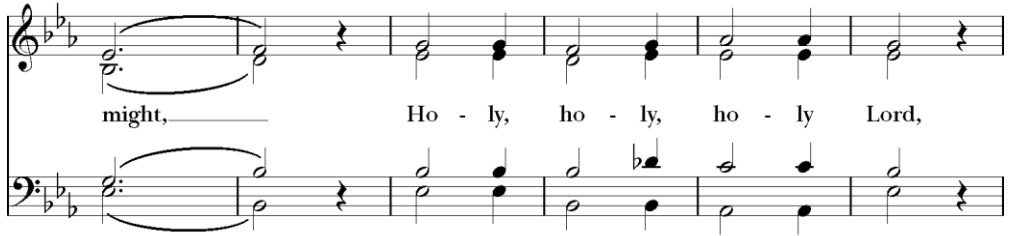
Sanctus

S130


*In unison*



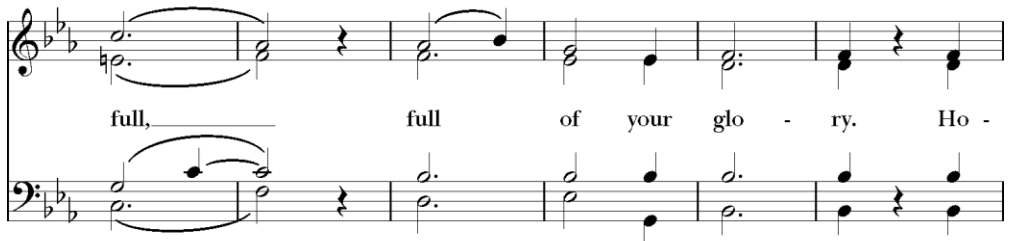
Ho - ly, ho - ly, ho - ly Lord, God of power and



might, Ho - ly, ho - ly, ho - ly Lord,



God of power and might, hea - ven and earth are



full, full of your glo - ry. Ho -



san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

**The Lord's Prayer** *(in the front section of the Hymnal)*

S119

*Priest*

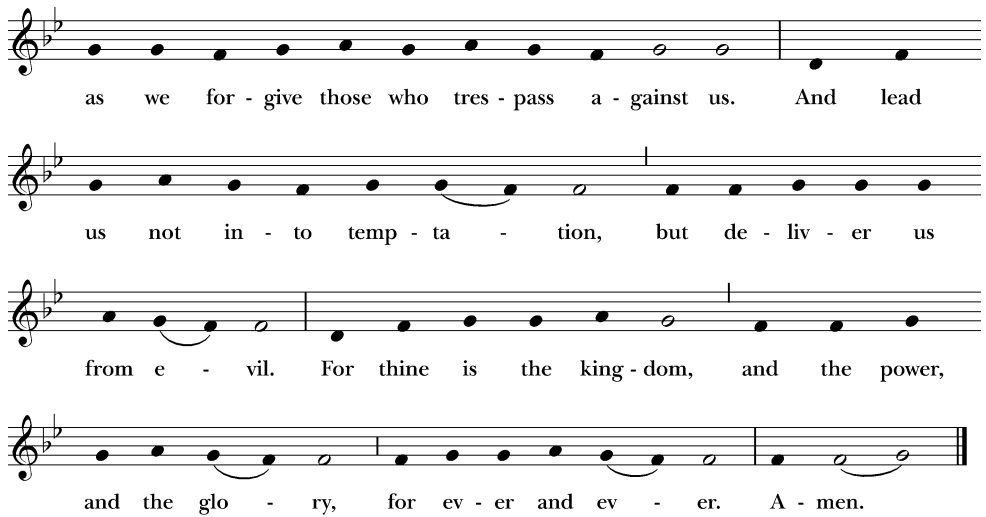
*Choir and Congregation*

Our Fa - ther, who art in hea - ven, hal - low - ed

be thy Name, thy king - dom come, thy will be done,

on earth as it is in hea - ven. Give us this day our

dai - ly bread. And for - give us our tres - pas - ses,



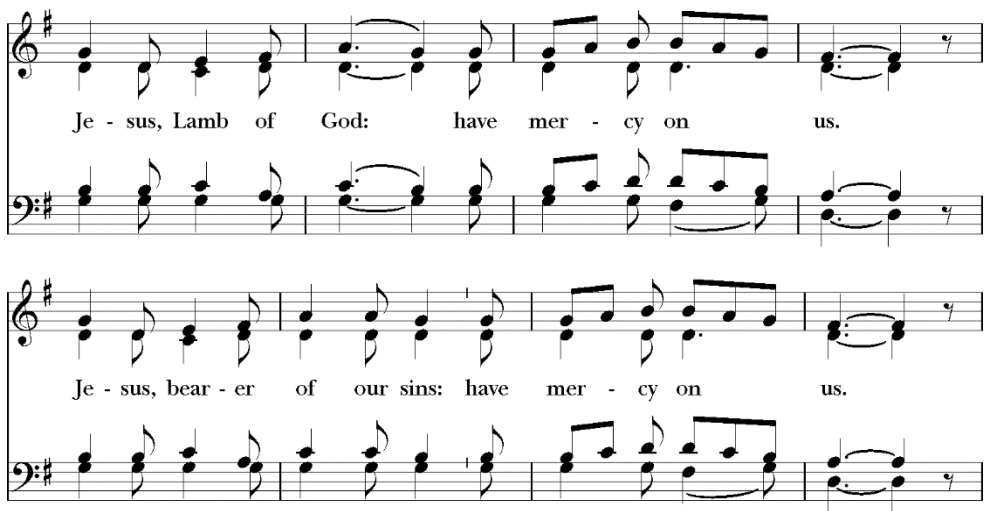
as we for - give those who tres - pass a - gainst us. And lead  
 us not in - to temp - ta - tion, but de - liv - er us  
 from e - vil. For thine is the king - dom, and the power,  
 and the glo - ry, for ev - er and ev - er. A - men.

Music: Plainsong; adapt. Charles Winfred Douglas (1867-1944). Setting: Copyright © Church Publishing Inc.

## THE BREAKING OF THE BREAD

### Fraction Anthem

S164



Je - sus, Lamb of God: have mer - cy on us.  
 Je - sus, bear - er of our sins: have mer - cy on us.



Je - sus, re - deem - er, re - deem - er of the world:  
 give us your peace, give us your peace.

The image shows a musical score for a hymn. It consists of two systems of music, each with a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is one sharp (F#), and the time signature is 4/4. The lyrics are: "Je - sus, re - deem - er, re - deem - er of the world: give us your peace, give us your peace." The music is written in a simple, hymn-like style with block chords and moving lines.

*All who seek a deeper life in Christ are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place and indicating to an usher that you would like to receive. Wine is offered by sipping from the chalice or by dipping your host wafer into the intinction bowl. Alternatively, you are welcome to receive a blessing, indicated by crossing your arms over your chest. If you are not yet baptized and feel drawn to receive Holy Communion, please speak with a priest after the service about baptism.*

**Hymn 313**     *Let thy Blood in mercy poured*     JESUS, MEINE ZUVERSICHT

*After the people receive Communion a period of silent reflection is kept*

**POST COMMUNION PRAYER**

BCP p. 365

## **THE PRAYERS OVER THE PEOPLE**

*The Deacon or, in the absence of a deacon the Celebrant says*

*Deacon*            Let us bow down before the Lord.

*The people kneel and the Celebrant says the following prayer:*

Celebrant        Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. **Amen.**

**Hymn 142**            *Lord, who throughout these forty days*            ST. FLAVIAN

## **DISMISSAL**

*All depart in silence.*

## **Announcements for February 14, 2024**

### **St. Paul's Cathedral Arts: Sunday, February 18**

3:30 pm organ recital (Cathedral Organist Emeritus Canon David Raymond) with Choral Evensong led by the Howells Scholars at 4:00 pm

**Prepare Yourself for the Bishop's Spring 2024 Visits on Pentecost Sunday, May 19.** Beginning in January/February we will "walk through the liturgical year, the sacraments of the church, habits of daily prayer, and the teachings of Anglican Christianity. See how our prayer shapes our belief and our lives and how our beliefs lead us into a deeper relationship with Jesus Christ." There will be opportunity to receive the sacrament of Holy Baptism, to be Received, or to be Confirmed in the Episcopal Church on the dates mentioned. Please contact Amma Nicola ([dean@stpaulsdm.org](mailto:dean@stpaulsdm.org)) if you would like to join the group.

**More information about all our activities can be found on our website:**  
**[www.stpaulsdm.org](http://www.stpaulsdm.org)**

## **St. Paul's Will Again Partner With the Free Store on a Project During Lent**

The Free Store is a 501c3 charity located in downtown Des Moines which gives furniture and household items to needy families. Our project for Lent this year is to collect needed **kitchen** items. For example: **new or gently used:** kitchen tools; baking dishes and pans; pots and pans; cookie sheets; toasters; coffee makers; toaster ovens; measuring cups; cooking and baking whisks, spoons and spatulas; frying pans; oven mitts; plates and bowls; silverware, etc. If you have any of these items to donate to the Free Store, please bring them to St. Paul's sometime during Lent. For more information please contact Deacon Jean.

### **St. Paul's Episcopal Cathedral Leaders**

|                            |                                      |
|----------------------------|--------------------------------------|
| The Rt. Rev. Betsey Monnot | <i>Bishop of The Diocese of Iowa</i> |
| The Very Rev. Nicola Dance | <i>Dean of the Cathedral</i>         |
| The Rev. Jean McCarthy     | <i>Priest Associate</i>              |
| The Rev. Michael Monnot    | <i>Priest Associate</i>              |
| The Rev Jean Davis         | <i>Deacon</i>                        |
| The Rev. John Doherty      | <i>Deacon</i>                        |
| Canon Mark Babcock         | <i>Organist/Choirmaster</i>          |
| Dr. Joshua Boggs           | <i>Assistant Choirmaster</i>         |

### **Today's Liturgical Ministers**

#### **Noon**

*Presider* – The Very Rev. Nicola Dance  
*Homilist* – The Very Rev. Nicola Dance  
*Deacon* – The Rev. John Doherty  
*Crucifer* – St. Paul's Team Member  
*1<sup>st</sup> lesson* – St. Paul's Team Member  
*Cantor* – Mark Babcock  
*2<sup>nd</sup> lesson* – St. Paul's Team Member  
*Eucharistic Minister* – St. Paul's Team Member, St. Paul's Team Member  
*Video* – Nathan Thiessen  
*Audio System* – Mike Gillespie  
*Ushers* – St. Paul's Team Member, St. Paul's Team Member

#### **Seven o'clock p.m.**

*Presider* – The Rt. Rev. Betsey Monnot  
*Homilist* – The Very Rev. Nicola Dance  
*Deacon* – The Rev. Jean Davis  
*Crucifer* – Jolene Phelps  
*Torch-bearers* – Eleanor Whipple, Ned Whipple  
*1<sup>st</sup> lesson* – Anna Whipple  
*Cantor* – Mark Babcock  
*2<sup>nd</sup> lesson* – Peggy Aerisolphal  
*Eucharistic Minister* – Anna Whipple, St. Paul's Team Member  
*Video* – St. Paul's Team Member  
*Audio System* – Bill Gentsch  
*Ushers* – Shelia & Nathan Brown